

United States

Health Department Website: hhs.gov

Summary

Highlights

Homicide

33% ▲

from 5.8 to 7.7 deaths per 100,000 population between 2018-2019 and 2020-2021.

Occupational Fatalities

11% ▼

from 4.4 to 3.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

9% ▲

from 8,659 to 9,478 years lost before age 75 per 100,000 population between 2020 and 2021.

Asthma

8% ▲

from 9.6% to 10.4% of adults between 2020 and 2022.

Diabetes

8% ▲

from 10.6% to 11.5% of adults between 2020 and 2022.

Renewable Energy

8% ▲

from 19.0% to 20.5% of total electricity generated between 2021 and 2022.

Measures

U.S. Value

| Social & Economic Factors | | |
|--|---|-------|
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 3.9 |
| | Public Health Funding (Dollars per person) | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | — |
| | Food Insecurity (% of households) | 11.2% |
| | Income Inequality (80-20 Ratio) | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 32.1% |
| | High School Completion (% of adults ages 25+) | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 14.0% |
| | High-Speed Internet (% of households) | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | — |
| | Volunteerism (% of population ages 16+) | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 59.5% |
| Physical Environment | | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 2.7 |
| | Water Fluoridation (% of population served) | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | — |
| | Climate Risks (% of population)* | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 16.7% |
| | Transportation Health Risks (% of population)* | 24.0% |
| Clinical Care | | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 232.0 |
| | Uninsured (% of population) | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 61.8% |
| | Dental Visit (% of adults) | 66.0% |
| | Flu Vaccination (% of adults) | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 2,681 |
| Behaviors | | |
| Nutrition and Physical Activity | Exercise (% of adults) | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 7.4% |
| | Physical Inactivity (% of adults) | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 35.5% |
| Tobacco Use | Smoking (% of adults) | 14.0% |
| Health Outcomes | | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 32.1 |
| | Excessive Drinking (% of adults) | 18.4% |
| | Frequent Mental Distress (% of adults) | 15.9% |
| | Non-medical Drug Use (% of adults) | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 12.4% |
| | Low Birth Weight (% of live births) | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 11.2% |
| | Obesity (% of adults) | 33.6% |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.

— Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of colorectal cancer screening
- Low average number of health-based drinking water violations

Challenges

- High premature death rate
- High prevalence of multiple chronic conditions
- High homicide rate

Highlights

Mental Health Providers

51% ▲

from 92.6 to 140.0 per 100,000 population between September 2018 and September 2023.

Drug Deaths

34% ▲

from 21.3 to 28.6 deaths per 100,000 population between 2020 and 2021.

Firearm Deaths

13% ▲

from 23.4 to 26.4 deaths per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 45 | -0.791 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 48 | 14.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 36 | 5.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 20 | \$199 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 40 | 75 | — |
| | Food Insecurity (% of households) | 42 | 12.4% | 11.2% |
| | Income Inequality (80-20 Ratio) | 47 | 5.36 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 41 | 28.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 43 | 88.8% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 39 | 17.9% | 14.0% |
| | High-Speed Internet (% of households) | 45 | 90.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 12 | 58 | — |
| | Volunteerism (% of population ages 16+) | 47 | 19.5% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 46 | 53.0% | 59.5% |
| Physical Environment | | 16 | 0.490 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 29 | 7.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 3 | 1.2 | 2.7 |
| | Water Fluoridation (% of population served) | 23 | 77.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 25 | 34.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 37 | 7.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 13 | 11.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 15 | 13.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 39 | 26.2% | 24.0% |
| Clinical Care | | 43 | -0.732 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 45 | 14.2% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 49 | 43.0 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 50 | 140.0 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 45 | 201.6 | 232.0 |
| | Uninsured (% of population) | 38 | 8.8% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 26 | 70.5% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 14 | 63.4% | 61.8% |
| | Dental Visit (% of adults) | 46 | 58.2% | 66.0% |
| | Flu Vaccination (% of adults) | 42 | 39.9% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 38 | 59.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 26 | 83.6% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 45 | 3,340 | 2,681 |
| Behaviors | | 48 | -1.251 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 44 | 17.6% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 47 | 4.8% | 7.4% |
| | Physical Inactivity (% of adults) | 46 | 29.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 44 | 625.2 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 38 | 6.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 46 | 22.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 48 | 40.5% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 39 | 15.6% | 14.0% |
| Health Outcomes | | 45 | -0.616 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 19 | 28.6 | 32.1 |
| | Excessive Drinking (% of adults) | 3 | 14.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 44 | 18.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 35 | 15.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 46 | 13,763 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 6 | 1.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 42 | 14.2% | 12.4% |
| | Low Birth Weight (% of live births) | 47 | 10.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 47 | 16.1% | 11.2% |
| | Obesity (% of adults) | 45 | 38.3% | 33.6% |
| Overall | | 46 | -0.702 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Alaska

State Health Department Website: health.alaska.gov

Overall Rank

33

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low income inequality
- High per capita public health funding

Challenges

- High premature death rate
- High occupational fatality rate
- High prevalence of cigarette smoking

Highlights

Drug Deaths

98% ▲

from 17.6 to 34.9 deaths per 100,000 population between 2019 and 2021.

Frequent Mental Distress

67% ▲

from 9.1% to 15.2% of adults between 2013 and 2022.

Flu Vaccination Coverage

21% ▲

from 34.2% to 41.5% of adults between 2016 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 20 | 0.274 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 28 | 71 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 47 | 6.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 1 | \$465 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 19 | 47 | — |
| | Food Insecurity (% of households) | 14 | 9.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 3 | 4.08 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 47 | 24.4% | 32.1% |
| | High School Completion (% of adults ages 25+) | 10 | 93.3% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 33 | 16.9% | 14.0% |
| | High-Speed Internet (% of households) | 13 | 93.9% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 9 | 57 | — |
| | Volunteerism (% of population ages 16+) | 19 | 27.3% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 26 | 59.2% | 59.5% |
| Physical Environment | | 46 | -0.163 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 10 | 6.3 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 43 | 3.0 | 2.7 |
| | Water Fluoridation (% of population served) | 44 | 42.1% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 46 | 75.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 18 | 28.3% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 3 | 7.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 46 | 19.5% | 16.7% |
| | Transportation Health Risks (% of population)* | 30 | 21.2% | 24.0% |
| Clinical Care | | 37 | -0.377 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 28 | 10.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 1 | 96.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 2 | 739.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 5 | 298.3 | 232.0 |
| | Uninsured (% of population) | 44 | 11.0% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 50 | 61.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 42 | 56.2% | 61.8% |
| | Dental Visit (% of adults) | 35 | 61.8% | 66.0% |
| | Flu Vaccination (% of adults) | 37 | 41.5% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 41 | 57.8% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 46 | 76.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 5 | 1,695 | 2,681 |
| Behaviors | | 36 | -0.325 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 9 | 25.6% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 11 | 8.9% | 7.4% |
| | Physical Inactivity (% of adults) | 13 | 21.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 49 | 760.4 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 37 | 6.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 39 | 17.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 33 | 37.1% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 41 | 15.9% | 14.0% |
| Health Outcomes | | 29 | -0.066 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 30 | 34.9 | 32.1 |
| | Excessive Drinking (% of adults) | 36 | 19.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 19 | 15.2% | 15.9% |
| | Non-medical Drug Use (% of adults) | 41 | 17.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 40 | 11,430 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 43 | 2.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 15 | 11.7% | 12.4% |
| | Low Birth Weight (% of live births) | 4 | 6.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 6 | 8.9% | 11.2% |
| | Obesity (% of adults) | 16 | 32.1% | 33.6% |
| Overall | | 33 | -0.072 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low income inequality
- Low preventable hospitalization rate
- Low percentage of housing with lead risk

Challenges

- High economic hardship index score
- Low prevalence of colorectal cancer screening
- High levels of air pollution

Highlights

Mental Health Providers

47% ▲

from 129.3 to 190.2 per 100,000 population between September 2018 and September 2023.

Diabetes

22% ▲

from 10.4% to 12.7% of adults between 2017 and 2022.

Premature Death

16% ▲

from 9,469 to 10,982 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 30 | 0.049 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 29 | 7.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 14 | 3.7 | 3.9 |
| | Public Health Funding (Dollars per person) | 41 | \$143 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 38 | 70 | — |
| | Food Insecurity (% of households) | 22 | 10.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 16 | 4.42 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 28 | 31.4% | 32.1% |
| | High School Completion (% of adults ages 25+) | 39 | 89.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 31 | 16.3% | 14.0% |
| | High-Speed Internet (% of households) | 29 | 92.6% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 6 | 54 | — |
| | Volunteerism (% of population ages 16+) | 31 | 23.5% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 14 | 63.9% | 59.5% |
| Physical Environment | | 40 | -0.025 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 49 | 11.1 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 31 | 2.1 | 2.7 |
| | Water Fluoridation (% of population served) | 38 | 57.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 26 | 2 | — |
| | Climate Risks (% of population)* | 31 | 45.9% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 26 | 13.3% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 2 | 6.5% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 40 | 17.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 29 | 19.9% | 24.0% |
| Clinical Care | | 39 | -0.563 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 38 | 11.9% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 31 | 58.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 46 | 190.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 40 | 213.5 | 232.0 |
| | Uninsured (% of population) | 42 | 10.3% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 18 | 72.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 44 | 55.8% | 61.8% |
| | Dental Visit (% of adults) | 40 | 60.7% | 66.0% |
| | Flu Vaccination (% of adults) | 43 | 39.7% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 29 | 62.1% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 45 | 76.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 9 | 1,844 | 2,681 |
| Behaviors | | 33 | -0.166 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 10 | 25.5% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 35 | 6.3% | 7.4% |
| | Physical Inactivity (% of adults) | 25 | 23.4% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 40 | 570.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 44 | 7.0% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 29 | 15.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 20 | 34.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 20 | 12.7% | 14.0% |
| Health Outcomes | | 37 | -0.194 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 35 | 38.3 | 32.1 |
| | Excessive Drinking (% of adults) | 29 | 18.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 40 | 16.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 37 | 15.9% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 37 | 10,982 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 41 | 2.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 35 | 13.4% | 12.4% |
| | Low Birth Weight (% of live births) | 20 | 7.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 26 | 11.3% | 11.2% |
| | Obesity (% of adults) | 19 | 33.2% | 33.6% |
| Overall | | 34 | -0.153 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of having a dedicated health care provider
- Low percentage of housing with lead risk

Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

Highlights

Occupational Fatalities

30% 

from 8.0 to 5.6 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Diabetes

26% 

from 12.5% to 15.7% of adults between 2021 and 2022.

Premature Death

15% 

from 11,545 to 13,224 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|---------------|
| Social & Economic Factors | | 49 | -0.959 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 44 | 11.7 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 40 | 5.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 23 | \$194 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 46 | 86 | — |
| | Food Insecurity (% of households) | 50 | 16.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 39 | 4.98 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 38 | 29.7% | 32.1% |
| | High School Completion (% of adults ages 25+) | 40 | 89.1% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 43 | 18.7% | 14.0% |
| | High-Speed Internet (% of households) | 46 | 89.6% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 25 | 65 | — |
| | Volunteerism (% of population ages 16+) | 41 | 20.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 49 | 49.0% | 59.5% |
| Physical Environment | | 33 | 0.168 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 31 | 8.1 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 47 | 3.9 | 2.7 |
| | Water Fluoridation (% of population served) | 19 | 85.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 36 | 54.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 40 | 6.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 8 | 9.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 15 | 13.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 21 | 15.9% | 24.0% |
| Clinical Care | | 45 | -0.876 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 44 | 13.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 48 | 44.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 31 | 278.9 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 44 | 205.0 | 232.0 |
| | Uninsured (% of population) | 35 | 8.4% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 47 | 64.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 41 | 56.4% | 61.8% |
| | Dental Visit (% of adults) | 49 | 55.6% | 66.0% |
| | Flu Vaccination (% of adults) | 35 | 43.1% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 42 | 55.7% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 17 | 85.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 39 | 3,058 | 2,681 |
| | Behaviors | | 45 | -0.999 |
| Nutrition and Physical Activity | Exercise (% of adults) | 43 | 19.3% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 5 | 10.2% | 7.4% |
| | Physical Inactivity (% of adults) | 49 | 31.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 42 | 592.8 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 34 | 6.2% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 50 | 26.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 43 | 38.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 49 | 18.7% | 14.0% |
| Health Outcomes | | 50 | -0.948 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 11 | 21.7 | 32.1 |
| | Excessive Drinking (% of adults) | 16 | 17.2% | 18.4% |
| | Frequent Mental Distress (% of adults) | 49 | 20.4% | 15.9% |
| | Non-medical Drug Use (% of adults) | 48 | 20.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 43 | 13,224 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 49 | 17.5% | 12.4% |
| | Low Birth Weight (% of live births) | 42 | 9.5% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 46 | 15.9% | 11.2% |
| | Obesity (% of adults) | 38 | 37.4% | 33.6% |
| Overall | | 48 | -0.839 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of frequent mental distress
- Four of four climate policies in place

Challenges

- Low prevalence of high school completion
- Low prevalence of colorectal cancer screening
- High levels of air pollution

Highlights

Premature Death

38% ▲

from 5,650 to 7,773 years lost before age 75 per 100,000 population between 2018 and 2021.

Mental Health Providers

37% ▲

from 338.0 to 461.4 per 100,000 population between September 2018 and September 2023.

Depression

28% ▲

from 14.1% to 18.1% of adults between 2020 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 35 | -0.202 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 23 | 6.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 6 | 3.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 10 | \$238 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 45 | 83 | — |
| | Food Insecurity (% of households) | 23 | 10.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 44 | 5.23 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 30 | 31.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 50 | 84.7% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 6 | 12.0% | 14.0% |
| | High-Speed Internet (% of households) | 4 | 94.8% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 20 | 63 | — |
| | Volunteerism (% of population ages 16+) | 48 | 18.3% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 30 | 58.3% | 59.5% |
| Physical Environment | | 50 | -0.615 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 50 | 13.4 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 42 | 2.9 | 2.7 |
| | Water Fluoridation (% of population served) | 39 | 57.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 29 | 43.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 11 | 41.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 29 | 16.8% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 49 | 25.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 43 | 32.8% | 24.0% |
| Clinical Care | | 31 | -0.134 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 25 | 10.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 3 | 81.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 10 | 461.4 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 50 | 178.9 | 232.0 |
| | Uninsured (% of population) | 21 | 6.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 42 | 67.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 50 | 52.4% | 61.8% |
| | Dental Visit (% of adults) | 21 | 66.2% | 66.0% |
| | Flu Vaccination (% of adults) | 27 | 45.5% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 33 | 60.6% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 42 | 79.7% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 13 | 2,151 | 2,681 |
| Behaviors | | 18 | 0.295 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 27 | 22.6% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 9 | 9.0% | 7.4% |
| | Physical Inactivity (% of adults) | 15 | 21.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 27 | 488.2 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 47 | 7.1% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 12 | 9.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 20 | 34.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 3 | 9.7% | 14.0% |
| Health Outcomes | | 10 | 0.489 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 18 | 27.5 | 32.1 |
| | Excessive Drinking (% of adults) | 34 | 19.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 8 | 14.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 35 | 15.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 12 | 7,773 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 27 | 1.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 22 | 12.2% | 12.4% |
| | Low Birth Weight (% of live births) | 11 | 7.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 3 | 8.5% | 11.2% |
| | Obesity (% of adults) | 5 | 28.1% | 33.6% |
| Overall | | 28 | 0.039 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of obesity
- Low economic hardship index score
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High prevalence of high-risk HIV behaviors
- High average number of health-based drinking water violations

Highlights

Cardiovascular Diseases

23% ▲

from 5.7% to 7.0% of adults between 2021 and 2022.

Firearm Deaths

16% ▲

from 15.7 to 18.2 deaths per 100,000 population between 2020 and 2021.

Renewable Energy

10% ▲

from 32.6% to 35.7% of total electricity generated between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 6 | 0.685 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 22 | 6.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 21 | 4.1 | 3.9 |
| | Public Health Funding (Dollars per person) | 26 | \$187 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 2 | 11 | — |
| | Food Insecurity (% of households) | 9 | 8.9% | 11.2% |
| | Income Inequality (80-20 Ratio) | 19 | 4.48 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 5 | 37.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 12 | 93.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 27 | 15.7% | 14.0% |
| | High-Speed Internet (% of households) | 7 | 94.4% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 30 | 66 | — |
| | Volunteerism (% of population ages 16+) | 22 | 26.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 12 | 64.5% | 59.5% |
| Physical Environment | | 21 | 0.388 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 17 | 7.1 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 43 | 3.0 | 2.7 |
| | Water Fluoridation (% of population served) | 27 | 75.2% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 38 | 59.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 14 | 35.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 13 | 11.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 35 | 15.9% | 16.7% |
| | Transportation Health Risks (% of population)* | 18 | 14.1% | 24.0% |
| Clinical Care | | 21 | 0.286 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 30 | 10.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 5 | 76.4 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 9 | 477.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 25 | 245.4 | 232.0 |
| | Uninsured (% of population) | 29 | 7.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 33 | 68.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 32 | 60.0% | 61.8% |
| | Dental Visit (% of adults) | 20 | 66.4% | 66.0% |
| | Flu Vaccination (% of adults) | 11 | 50.5% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 20 | 65.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 37 | 81.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 3 | 1,481 | 2,681 |
| Behaviors | | 5 | 0.839 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 3 | 27.4% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 14 | 8.8% | 7.4% |
| | Physical Inactivity (% of adults) | 1 | 16.8% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 20 | 460.2 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 38 | 6.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 17 | 11.4 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 3 | 30.3% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 9 | 10.7% | 14.0% |
| Health Outcomes | | 22 | 0.214 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 27 | 31.3 | 32.1 |
| | Excessive Drinking (% of adults) | 45 | 20.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 25 | 15.9% | 15.9% |
| | Non-medical Drug Use (% of adults) | 49 | 21.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 17 | 8,308 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 32 | 1.7 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 10 | 11.4% | 12.4% |
| | Low Birth Weight (% of live births) | 42 | 9.5% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 9 | 1.7 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 6 | 8.9% | 11.2% |
| | Obesity (% of adults) | 1 | 25.0% | 33.6% |
| Overall | | 12 | 0.509 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low premature death rate
- Low prevalence of non-medical drug use
- High adult flu vaccination rate

Challenges

- High income inequality
- Low voter participation
- High percentage of housing with lead risk

Highlights

Avoided Care Due to Cost

24% ▲

from 7.4% to 9.2%
between 2021 and 2022.

Air Pollution

19% ▼

from 7.0 to 5.7 micrograms
of fine particulate matter
per cubic meter between
2017-2019 and 2020-2022.

Primary Care Providers

17% ▼

from 300.2 to 248.9
per 100,000 population
between September 2022
and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 14 | 0.446 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 17 | 4.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 6 | 3.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 31 | \$179 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 11 | 32 | — |
| | Food Insecurity (% of households) | 16 | 9.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 43 | 5.17 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 9 | 34.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 25 | 91.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 6 | 12.0% | 14.0% |
| | High-Speed Internet (% of households) | 8 | 94.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 32 | 67 | — |
| | Volunteerism (% of population ages 16+) | 13 | 28.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 32 | 58.1% | 59.5% |
| Physical Environment | | 8 | 0.608 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 6 | 5.7 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 9 | 1.5 | 2.7 |
| | Water Fluoridation (% of population served) | 13 | 90.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 16 | 23.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 48 | 2.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 46 | 25.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 40 | 17.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 12 | 10.0% | 24.0% |
| Clinical Care | | 7 | 1.016 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 17 | 9.2% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 10 | 73.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 7 | 505.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 24 | 248.9 | 232.0 |
| | Uninsured (% of population) | 10 | 5.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 1 | 81.2% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 3 | 65.6% | 61.8% |
| | Dental Visit (% of adults) | 1 | 73.9% | 66.0% |
| | Flu Vaccination (% of adults) | 5 | 54.0% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 8 | 71.9% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 9 | 87.3% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 30 | 2,841 | 2,681 |
| Behaviors | | 6 | 0.796 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 6 | 26.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 5 | 10.2% | 7.4% |
| | Physical Inactivity (% of adults) | 21 | 23.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 14 | 409.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 13 | 5.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 4 | 7.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 28 | 35.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 4 | 10.0% | 14.0% |
| Health Outcomes | | 4 | 0.660 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 41 | 42.5 | 32.1 |
| | Excessive Drinking (% of adults) | 18 | 17.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 10 | 14.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 4 | 10.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 5 | 7,205 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 14 | 11.6% | 12.4% |
| | Low Birth Weight (% of live births) | 22 | 8.1% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 13 | 9.8% | 11.2% |
| | Obesity (% of adults) | 10 | 30.6% | 33.6% |
| Overall | | 4 | 0.671 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
— Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High volunteerism rate

Challenges

- High prevalence of obesity
- Low supply of dental care providers
- High levels of air pollution

Highlights

Homicide

67% ▲

from 5.7 to 9.5 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

31% ▲

from 10.6% to 13.9% of adults between 2016 and 2022.

Households Below the Poverty Level

21% ▼

from 11.5% to 9.1% between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 17 | 0.338 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 39 | 9.5 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 27 | 4.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 19 | \$203 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 20 | 48 | — |
| | Food Insecurity (% of households) | 35 | 11.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 4 | 4.20 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 46 | 25.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 19 | 92.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 18 | 14.0% | 14.0% |
| | High-Speed Internet (% of households) | 8 | 94.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 1 | 46 | — |
| | Volunteerism (% of population ages 16+) | 11 | 29.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 20 | 61.0% | 59.5% |
| Physical Environment | | 12 | 0.517 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 45 | 9.2 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 26 | 2.0 | 2.7 |
| | Water Fluoridation (% of population served) | 26 | 76.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 6 | 7.2% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 47 | 2.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 20 | 13.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 26 | 14.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 22 | 16.0% | 24.0% |
| Clinical Care | | 15 | 0.476 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 12 | 8.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 50 | 40.5 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 22 | 332.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 13 | 268.9 | 232.0 |
| | Uninsured (% of population) | 13 | 5.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 10 | 76.6% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 6 | 64.7% | 61.8% |
| | Dental Visit (% of adults) | 28 | 64.6% | 66.0% |
| | Flu Vaccination (% of adults) | 18 | 48.2% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 15 | 68.2% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 13 | 86.5% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 32 | 2,847 | 2,681 |
| Behaviors | | 24 | 0.135 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 22 | 23.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 23 | 7.4% | 7.4% |
| | Physical Inactivity (% of adults) | 27 | 23.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 26 | 486.4 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 16 | 5.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 25 | 13.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 26 | 35.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 21 | 12.9% | 14.0% |
| Health Outcomes | | 21 | 0.231 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 46 | 52.4 | 32.1 |
| | Excessive Drinking (% of adults) | 8 | 15.2% | 18.4% |
| | Frequent Mental Distress (% of adults) | 9 | 14.4% | 15.9% |
| | Non-medical Drug Use (% of adults) | 23 | 13.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 26 | 9,702 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 19 | 12.0% | 12.4% |
| | Low Birth Weight (% of live births) | 35 | 9.1% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 28 | 11.4% | 11.2% |
| | Obesity (% of adults) | 43 | 37.9% | 33.6% |
| Overall | | 18 | 0.309 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

District of Columbia

Health Department Website: dchealth.dc.gov

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low uninsured rate
- High supply of primary care providers

Challenges

- High prevalence of excessive drinking
- High income inequality
- High prevalence of high-risk HIV behaviors

Highlights

Drug Deaths

57% ▲

from 49.4 to 77.6 deaths per 100,000 population between 2019 and 2021.

Renewable Energy

43% ▲

from 35.0% to 49.9% of total electricity generated between 2021 and 2022.

Homicide

36% ▲

from 21.7 to 29.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Measures

| | | D.C. Value | U.S. Value |
|--|---|------------|------------|
| Social & Economic Factors | | | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 29.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 5.0 | 3.9 |
| | Public Health Funding (Dollars per person) | \$1,267 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | — | — |
| | Food Insecurity (% of households) | 10.0% | 11.2% |
| | Income Inequality (80-20 Ratio) | 6.04 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 26.5% | 32.1% |
| | High School Completion (% of adults ages 25+) | 93.7% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 12.8% | 14.0% |
| | High-Speed Internet (% of households) | 93.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 69 | — |
| | Volunteerism (% of population ages 16+) | 34.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 73.5% | 59.5% |
| Physical Environment | | | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 8.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 1.5 | 2.7 |
| | Water Fluoridation (% of population served) | 100.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 3 | — |
| | Climate Risks (% of population)* | 2.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 49.9% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 32.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 19.4% | 16.7% |
| | Transportation Health Risks (% of population)* | 74.2% | 24.0% |
| Clinical Care | | | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 7.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 112.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 737.6 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 411.3 | 232.0 |
| | Uninsured (% of population) | 2.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 71.2% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 61.7% | 61.8% |
| | Dental Visit (% of adults) | 70.4% | 66.0% |
| | Flu Vaccination (% of adults) | 59.7% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 77.8% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 84.9% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 3,365 | 2,681 |
| Behaviors | | | |
| Nutrition and Physical Activity | Exercise (% of adults) | 27.2% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 13.5% | 7.4% |
| | Physical Inactivity (% of adults) | 15.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 1,037.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 11.0% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 13.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 31.9% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 10.6% | 14.0% |
| Health Outcomes | | | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 77.6 | 32.1 |
| | Excessive Drinking (% of adults) | 27.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 13.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 14.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 10,783 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 5.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 7.7% | 12.4% |
| | Low Birth Weight (% of live births) | 9.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 2.5 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 70% | 11.2% |
| | Obesity (% of adults) | 24.3% | 33.6% |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Florida

State Health Department Website: floridahealth.gov

Overall Rank

31

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- Low volunteerism rate
- High prevalence of avoiding care due to cost
- Low adult flu vaccination rate

Highlights

Occupational Fatalities

16% ▼

from 5.1 to 4.3 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

16% ▲

from 8,622 to 10,040 years lost before age 75 per 100,000 population between 2020 and 2021.

Insufficient Sleep

14% ▲

from 32.9% to 37.4% of adults between 2020 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 28 | 0.091 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 27 | 6.9 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 23 | 4.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 44 | \$137 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 35 | 64 | — |
| | Food Insecurity (% of households) | 33 | 11.4% | 11.2% |
| | Income Inequality (80-20 Ratio) | 27 | 4.63 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 2 | 39.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 36 | 89.9% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 13 | 12.7% | 14.0% |
| | High-Speed Internet (% of households) | 18 | 93.1% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 16 | 60 | — |
| | Volunteerism (% of population ages 16+) | 50 | 15.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 40 | 55.6% | 59.5% |
| Physical Environment | | 38 | 0.073 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 24 | 7.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 45 | 3.1 | 2.7 |
| | Water Fluoridation (% of population served) | 22 | 78.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 40 | 63.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 42 | 5.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 4 | 7.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 44 | 18.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 36 | 24.1% | 24.0% |
| Clinical Care | | 44 | -0.793 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 43 | 13.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 35 | 56.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 42 | 214.6 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 17 | 262.9 | 232.0 |
| | Uninsured (% of population) | 46 | 11.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 34 | 68.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 38 | 58.5% | 61.8% |
| | Dental Visit (% of adults) | 37 | 61.2% | 66.0% |
| | Flu Vaccination (% of adults) | 46 | 39.0% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 39 | 58.9% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 43 | 79.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 41 | 3,092 | 2,681 |
| Behaviors | | 27 | 0.086 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 4 | 27.0% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | — | — | 7.4% |
| | Physical Inactivity (% of adults) | 33 | 24.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 24 | 479.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 34 | 6.2% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 25 | 13.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 35 | 37.4% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 11 | 11.3% | 14.0% |
| Health Outcomes | | 23 | 0.151 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 33 | 36.5 | 32.1 |
| | Excessive Drinking (% of adults) | 12 | 16.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 17 | 15.0% | 15.9% |
| | Non-medical Drug Use (% of adults) | 39 | 16.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 30 | 10,040 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 3 | 1.1 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 31 | 13.0% | 12.4% |
| | Low Birth Weight (% of live births) | 34 | 9.0% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 26 | 11.3% | 11.2% |
| | Obesity (% of adults) | 14 | 31.6% | 33.6% |
| Overall | | 31 | -0.029 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Georgia

State Health Department Website: dph.georgia.gov

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- High homicide rate
- High prevalence of avoiding care due to cost
- High incidence of chlamydia

Highlights

Drug Deaths

29% ▲

from 17.8 to 22.9 deaths per 100,000 population between 2020 and 2021.

Smoking

17% ▼

from 15.0% to 12.5% of adults between 2021 and 2022.

Firearm Deaths

15% ▲

from 17.7 to 20.3 deaths per 100,000 population between 2020 and 2021.

Overall Rank

37

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 33 | -0.080 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 40 | 10.7 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 36 | 5.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 24 | \$192 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 30 | 53 | — |
| | Food Insecurity (% of households) | 31 | 11.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 31 | 4.72 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 27 | 31.5% | 32.1% |
| | High School Completion (% of adults ages 25+) | 38 | 89.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 21 | 14.9% | 14.0% |
| | High-Speed Internet (% of households) | 25 | 92.8% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 12 | 58 | — |
| | Volunteerism (% of population ages 16+) | 43 | 19.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 17 | 61.5% | 59.5% |
| Physical Environment | | 29 | 0.225 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 38 | 8.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 41 | 2.7 | 2.7 |
| | Water Fluoridation (% of population served) | 6 | 94.9% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 12 | 12.9% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 35 | 8.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 5 | 8.5% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 30 | 15.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 40 | 26.4% | 24.0% |
| Clinical Care | | 47 | -1.099 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 48 | 14.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 46 | 46.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 47 | 185.9 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 42 | 209.3 | 232.0 |
| | Uninsured (% of population) | 48 | 11.7% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 48 | 64.5% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 39 | 58.1% | 61.8% |
| | Dental Visit (% of adults) | 43 | 59.9% | 66.0% |
| | Flu Vaccination (% of adults) | 39 | 40.6% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 30 | 61.5% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 44 | 78.9% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 38 | 3,055 | 2,681 |
| Behaviors | | 35 | -0.269 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 18 | 24.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 11 | 8.9% | 7.4% |
| | Physical Inactivity (% of adults) | 28 | 23.8% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 45 | 629.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 44 | 7.0% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 35 | 16.6 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 40 | 38.1% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 19 | 12.5% | 14.0% |
| Health Outcomes | | 32 | -0.144 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 12 | 22.9 | 32.1 |
| | Excessive Drinking (% of adults) | 9 | 15.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 28 | 16.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 40 | 17.0% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 36 | 10,980 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 6 | 1.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 31 | 13.0% | 12.4% |
| | Low Birth Weight (% of live births) | 48 | 10.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 21 | 10.7% | 11.2% |
| | Obesity (% of adults) | 37 | 37.0% | 33.6% |
| Overall | | 37 | -0.256 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Hawaii

State Health Department Website: health.hawaii.gov

Overall Rank

6

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low prevalence of avoiding care due to cost

Challenges

- High economic hardship index score
- Low volunteerism rate
- High prevalence of insufficient sleep

Highlights

Diabetes

50% ▲

from 7.8% to 11.7% of adults between 2012 and 2022.

Mental Health Providers

29% ▲

from 241.0 to 310.7 per 100,000 population between September 2018 and September 2023.

Housing Cost Burden

12% ▲

from 41.4% to 46.3% of households between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 12 | 0.469 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 7 | 3.0 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 8 | 3.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 5 | \$255 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 36 | 65 | — |
| | Food Insecurity (% of households) | 12 | 9.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 20 | 4.53 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 8 | 35.2% | 32.1% |
| | High School Completion (% of adults ages 25+) | 14 | 92.9% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 11 | 12.5% | 14.0% |
| | High-Speed Internet (% of households) | 16 | 93.6% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 20 | 63 | — |
| | Volunteerism (% of population ages 16+) | 45 | 19.7% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 34 | 57.2% | 59.5% |
| Physical Environment | | 27 | 0.245 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 1 | 4.1 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 1 | 0.0 | 2.7 |
| | Water Fluoridation (% of population served) | 50 | 8.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 22 | 31.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 23 | 18.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 12 | 10.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 49 | 25.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 49 | 47.5% | 24.0% |
| Clinical Care | | 4 | 1.084 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 1 | 5.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 4 | 79.1 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 27 | 310.7 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 41 | 212.6 | 232.0 |
| | Uninsured (% of population) | 2 | 3.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 17 | 73.1% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 22 | 62.5% | 61.8% |
| | Dental Visit (% of adults) | 3 | 71.9% | 66.0% |
| | Flu Vaccination (% of adults) | 9 | 51.1% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 6 | 74.2% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 6 | 88.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 2 | 1,435 | 2,681 |
| Behaviors | | 17 | 0.300 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 14 | 24.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 19 | 7.9% | 7.4% |
| | Physical Inactivity (% of adults) | 11 | 21.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 17 | 421.6 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 16 | 5.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 22 | 12.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 50 | 45.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 4 | 10.0% | 14.0% |
| Health Outcomes | | 1 | 1.071 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 6 | 18.6 | 32.1 |
| | Excessive Drinking (% of adults) | 38 | 19.9% | 18.4% |
| | Frequent Mental Distress (% of adults) | 1 | 11.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 7 | 10.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 2 | 6,911 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 1 | 1.0 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 1 | 9.5% | 12.4% |
| | Low Birth Weight (% of live births) | 30 | 8.8% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 1 | 7.0% | 11.2% |
| | Obesity (% of adults) | 2 | 25.9% | 33.6% |
| Overall | | 6 | 0.655 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low homicide rate
- Low income inequality
- Low preventable hospitalization rate

Challenges

- High prevalence of frequent physical distress
- Low adult flu vaccination rate
- High Black/white residential segregation

Highlights

HPV Vaccination Coverage

52% 

from 44.1% to 66.9% of adolescents ages 13-17 between 2019 and 2022.

Air Pollution

24% 

from 6.6 to 8.2 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Premature Death

17% 

from 7,145 to 8,365 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 23 | 0.237 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 4 | 2.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 12 | 3.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 18 | \$210 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 25 | 50 | — |
| | Food Insecurity (% of households) | 24 | 10.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 2 | 3.94 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 25 | 31.9% | 32.1% |
| | High School Completion (% of adults ages 25+) | 19 | 92.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 30 | 16.1% | 14.0% |
| | High-Speed Internet (% of households) | 13 | 93.9% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 50 | 81 | — |
| | Volunteerism (% of population ages 16+) | 15 | 28.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 37 | 56.6% | 59.5% |
| Physical Environment | | 45 | -0.135 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 32 | 8.2 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 39 | 2.5 | 2.7 |
| | Water Fluoridation (% of population served) | 46 | 31.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 21 | 30.9% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 4 | 70.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 17 | 11.8% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 15 | 13.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 7 | 5.7% | 24.0% |
| Clinical Care | | 23 | 0.098 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 34 | 11.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 28 | 59.0 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 33 | 262.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 38 | 218.0 | 232.0 |
| | Uninsured (% of population) | 32 | 8.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 15 | 73.2% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 31 | 60.6% | 61.8% |
| | Dental Visit (% of adults) | 9 | 68.7% | 66.0% |
| | Flu Vaccination (% of adults) | 45 | 39.2% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 17 | 66.9% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 21 | 84.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 1 | 1,432 | 2,681 |
| Behaviors | | 13 | 0.441 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 32 | 21.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 44 | 5.4% | 7.4% |
| | Physical Inactivity (% of adults) | 13 | 21.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 5 | 332.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 4 | 4.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 20 | 12.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 10 | 32.5% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 15 | 11.9% | 14.0% |
| Health Outcomes | | 11 | 0.468 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 9 | 19.2 | 32.1 |
| | Excessive Drinking (% of adults) | 15 | 17.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 18 | 15.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 44 | 18.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 18 | 8,365 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 1 | 1.0 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 37 | 13.5% | 12.4% |
| | Low Birth Weight (% of live births) | 2 | 6.7% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 2 | 1.4 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 19 | 10.5% | 11.2% |
| | Obesity (% of adults) | 19 | 33.2% | 33.6% |
| Overall | | 20 | 0.277 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- High supply of dental care providers

Challenges

- High Black/white residential segregation
- High preventable hospitalization rate
- High levels of air pollution

Highlights

Homicide

44% 

from 7.8 to 11.2 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

28% 

from 9.4% to 12.0% of adults between 2012 and 2022.

Renewable Energy

23% 

from 11.1% to 13.7% of total electricity generated between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 31 | 0.021 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 42 | 11.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 9 | 3.5 | 3.9 |
| | Public Health Funding (Dollars per person) | 32 | \$172 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 30 | 53 | — |
| | Food Insecurity (% of households) | 25 | 10.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 36 | 4.93 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 17 | 33.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 32 | 90.4% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 11 | 12.5% | 14.0% |
| | High-Speed Internet (% of households) | 18 | 93.1% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 43 | 73 | — |
| | Volunteerism (% of population ages 16+) | 14 | 28.3% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 23 | 60.3% | 59.5% |
| Physical Environment | | 28 | 0.227 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 46 | 9.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 18 | 1.7 | 2.7 |
| | Water Fluoridation (% of population served) | 3 | 98.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 9 | 9.8% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 25 | 13.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 43 | 23.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 34 | 15.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 41 | 26.6% | 24.0% |
| Clinical Care | | 27 | -0.052 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 32 | 10.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 6 | 75.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 25 | 325.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 31 | 234.7 | 232.0 |
| | Uninsured (% of population) | 23 | 6.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 30 | 70.0% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 29 | 60.9% | 61.8% |
| | Dental Visit (% of adults) | 25 | 65.9% | 66.0% |
| | Flu Vaccination (% of adults) | 29 | 44.4% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 20 | 65.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 32 | 82.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 45 | 3,340 | 2,681 |
| Behaviors | | 28 | 0.066 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 23 | 23.4% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 39 | 6.2% | 7.4% |
| | Physical Inactivity (% of adults) | 20 | 22.8% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 39 | 566.9 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 16 | 5.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 15 | 11.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 29 | 36.0% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 17 | 12.4% | 14.0% |
| Health Outcomes | | 19 | 0.259 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 22 | 29.5 | 32.1 |
| | Excessive Drinking (% of adults) | 21 | 18.0% | 18.4% |
| | Frequent Mental Distress (% of adults) | 5 | 13.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 13 | 11.7% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 20 | 8,638 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 36 | 2.0 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 28 | 12.5% | 12.4% |
| | Low Birth Weight (% of live births) | 27 | 8.5% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 9 | 9.3% | 11.2% |
| | Obesity (% of adults) | 22 | 33.3% | 33.6% |
| Overall | | 25 | 0.099 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Indiana

State Health Department Website: in.gov/health

Overall Rank

35

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- Low percentage of households experiencing severe housing problems

Challenges

- High occupational fatality rate
- Low voter participation
- High prevalence of physical inactivity

Highlights

Mental Health Providers

36% ▲

from 153.0 to 207.4 per 100,000 population between September 2018 and September 2023.

Chronic Kidney Disease

31% ▲

from 3.2% to 4.2% of adults between 2020 and 2022.

Drug Deaths

20% ▲

from 35.2 to 42.1 deaths per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 36 | -0.233 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 38 | 9.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 44 | 6.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 47 | \$135 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 33 | 55 | — |
| | Food Insecurity (% of households) | 26 | 10.7% | 11.2% |
| | Income Inequality (80-20 Ratio) | 9 | 4.31 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 19 | 32.9% | 32.1% |
| | High School Completion (% of adults ages 25+) | 34 | 90.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 36 | 17.5% | 14.0% |
| | High-Speed Internet (% of households) | 32 | 92.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 37 | 69 | — |
| | Volunteerism (% of population ages 16+) | 18 | 27.6% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 48 | 51.5% | 59.5% |
| Physical Environment | | 34 | 0.165 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 41 | 8.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 31 | 2.1 | 2.7 |
| | Water Fluoridation (% of population served) | 10 | 92.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 11 | 11.7% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 29 | 12.1% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 35 | 20.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 6 | 12.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 17 | 13.2% | 24.0% |
| Clinical Care | | 33 | -0.234 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 21 | 9.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 41 | 52.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 43 | 207.4 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 30 | 236.8 | 232.0 |
| | Uninsured (% of population) | 28 | 7.0% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 37 | 67.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 30 | 60.8% | 61.8% |
| | Dental Visit (% of adults) | 33 | 63.1% | 66.0% |
| | Flu Vaccination (% of adults) | 25 | 45.6% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 36 | 59.6% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 19 | 84.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 42 | 3,111 | 2,681 |
| Behaviors | | 37 | -0.410 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 34 | 21.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 16 | 8.7% | 7.4% |
| | Physical Inactivity (% of adults) | 43 | 27.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 31 | 510.7 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 21 | 5.6% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 36 | 17.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 37 | 37.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 42 | 16.2% | 14.0% |
| Health Outcomes | | 33 | -0.157 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 39 | 42.1 | 32.1 |
| | Excessive Drinking (% of adults) | 10 | 15.8% | 18.4% |
| | Frequent Mental Distress (% of adults) | 40 | 16.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 34 | 15.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 35 | 10,952 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 20 | 1.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 35 | 13.4% | 12.4% |
| | Low Birth Weight (% of live births) | 25 | 8.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 39 | 12.8% | 11.2% |
| | Obesity (% of adults) | 40 | 37.7% | 33.6% |
| Overall | | 35 | -0.210 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low homicide rate
- High prevalence of high school completion

Challenges

- High prevalence of excessive drinking
- Low supply of mental health providers
- High percentage of housing with lead risk

Highlights

Diabetes

20% ▲

from 9.7% to 11.6% of adults between 2021 and 2022.

Renewable Energy

13% ▲

from 57.3% to 64.9% of total electricity generated between 2021 and 2022.

Primary Care Providers

10% ▼

from 266.5 to 239.6 per 100,000 population between September 2022 and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 9 | 0.527 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 8 | 3.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 32 | 5.0 | 3.9 |
| | Public Health Funding (Dollars per person) | 33 | \$171 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 14 | 37 | — |
| | Food Insecurity (% of households) | 9 | 8.9% | 11.2% |
| | Income Inequality (80-20 Ratio) | 5 | 4.21 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 18 | 33.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 8 | 93.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 23 | 15.4% | 14.0% |
| | High-Speed Internet (% of households) | 32 | 92.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 20 | 63 | — |
| | Volunteerism (% of population ages 16+) | 10 | 29.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 19 | 61.2% | 59.5% |
| Physical Environment | | 11 | 0.522 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 27 | 7.7 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 6 | 1.4 | 2.7 |
| | Water Fluoridation (% of population served) | 14 | 89.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 26 | 2 | — |
| | Climate Risks (% of population)* | 27 | 36.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 6 | 64.9% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 45 | 24.4% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 3 | 11.5% | 16.7% |
| | Transportation Health Risks (% of population)* | 8 | 6.1% | 24.0% |
| Clinical Care | | 10 | 0.640 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 4 | 7.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 26 | 60.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 43 | 207.4 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 26 | 239.6 | 232.0 |
| | Uninsured (% of population) | 5 | 4.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 11 | 75.5% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 8 | 64.1% | 61.8% |
| | Dental Visit (% of adults) | 12 | 68.3% | 66.0% |
| | Flu Vaccination (% of adults) | 16 | 48.3% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 4 | 74.9% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 34 | 81.9% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 17 | 2,355 | 2,681 |
| Behaviors | | 30 | -0.095 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 40 | 20.0% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 31 | 6.7% | 7.4% |
| | Physical Inactivity (% of adults) | 39 | 25.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 28 | 489.2 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 23 | 12.7 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 15 | 32.9% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 29 | 14.7% | 14.0% |
| Health Outcomes | | 14 | 0.354 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 3 | 15.4 | 32.1 |
| | Excessive Drinking (% of adults) | 48 | 22.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 4 | 13.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 19 | 13.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 14 | 7,875 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 27 | 1.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 7 | 10.8% | 12.4% |
| | Low Birth Weight (% of live births) | 3 | 6.8% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 14 | 9.9% | 11.2% |
| | Obesity (% of adults) | 38 | 37.4% | 33.6% |
| Overall | | 15 | 0.376 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High volunteerism rate
- Low prevalence of high-risk HIV behaviors
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of obesity
- High occupational fatality rate
- None of four climate policies in place

Highlights

Drug Deaths

38% ▲

from 17.4 to 24.0 deaths per 100,000 population between 2020 and 2021.

Mental Health Providers

32% ▲

from 189.7 to 250.2 per 100,000 population between September 2018 and September 2023.

Asthma

18% ▲

from 9.1% to 10.7% of adults between 2017 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 26 | 0.161 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 24 | 6.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 42 | 5.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 39 | \$151 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 29 | 52 | — |
| | Food Insecurity (% of households) | 16 | 9.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 18 | 4.45 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 34 | 30.5% | 32.1% |
| | High School Completion (% of adults ages 25+) | 18 | 92.1% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 38 | 17.7% | 14.0% |
| | High-Speed Internet (% of households) | 18 | 93.1% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 16 | 60 | — |
| | Volunteerism (% of population ages 16+) | 7 | 31.5% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 15 | 62.6% | 59.5% |
| Physical Environment | | 41 | -0.105 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 42 | 8.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 38 | 2.4 | 2.7 |
| | Water Fluoridation (% of population served) | 33 | 65.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 28 | 40.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 9 | 48.0% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 36 | 20.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 8 | 12.3% | 16.7% |
| | Transportation Health Risks (% of population)* | 4 | 3.5% | 24.0% |
| Clinical Care | | 29 | -0.091 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 32 | 10.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 37 | 55.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 37 | 250.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 20 | 258.7 | 232.0 |
| | Uninsured (% of population) | 36 | 8.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 24 | 70.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 32 | 60.0% | 61.8% |
| | Dental Visit (% of adults) | 24 | 66.0% | 66.0% |
| | Flu Vaccination (% of adults) | 23 | 46.2% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 32 | 60.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 19 | 84.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 24 | 2,576 | 2,681 |
| Behaviors | | 31 | -0.148 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 37 | 20.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 33 | 6.5% | 7.4% |
| | Physical Inactivity (% of adults) | 23 | 23.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 29 | 506.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 6 | 5.2% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 34 | 16.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 24 | 35.5% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 27 | 14.5% | 14.0% |
| Health Outcomes | | 27 | 0.108 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 13 | 24.0 | 32.1 |
| | Excessive Drinking (% of adults) | 22 | 18.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 25 | 15.9% | 15.9% |
| | Non-medical Drug Use (% of adults) | 25 | 14.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 25 | 9,582 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 27 | 1.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 12 | 11.5% | 12.4% |
| | Low Birth Weight (% of live births) | 13 | 7.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 23 | 10.9% | 11.2% |
| | Obesity (% of adults) | 34 | 35.7% | 33.6% |
| Overall | | 29 | 0.022 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Kentucky

State Health Department Website: chfs.ky.gov/agencies/dph

Overall Rank

41

Summary

Strengths

- Low prevalence of excessive drinking
- High prevalence of colorectal cancer screening
- High supply of primary care providers

Challenges

- High prevalence of multiple chronic conditions
- High occupational fatality rate
- High prevalence of insufficient sleep

Highlights

Homicide

58% ▲

from 5.7 to 9.0 deaths per 100,000 population between 2018-2019 and 2020-2021.

Diabetes

40% ▲

from 10.6% to 14.8% of adults between 2013 and 2022.

Physical Inactivity

20% ▼

from 32.8% to 26.4% of adults between 2019 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 43 | -0.624 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 37 | 9.0 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 45 | 6.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 34 | \$169 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 40 | 75 | — |
| | Food Insecurity (% of households) | 43 | 13.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 41 | 5.08 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 29 | 31.1% | 32.1% |
| | High School Completion (% of adults ages 25+) | 42 | 89.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 46 | 19.5% | 14.0% |
| | High-Speed Internet (% of households) | 42 | 91.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 20 | 63 | — |
| | Volunteerism (% of population ages 16+) | 34 | 22.6% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 21 | 60.4% | 59.5% |
| Physical Environment | | 15 | 0.493 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 34 | 8.3 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 31 | 2.1 | 2.7 |
| | Water Fluoridation (% of population served) | 1 | 99.9% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 18 | 25.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 39 | 6.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 23 | 14.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 12 | 12.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 34 | 23.2% | 24.0% |
| Clinical Care | | 26 | -0.043 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 24 | 10.0% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 32 | 58.2 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 28 | 307.7 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 11 | 270.8 | 232.0 |
| | Uninsured (% of population) | 13 | 5.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 22 | 71.6% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 10 | 64.0% | 61.8% |
| | Dental Visit (% of adults) | 42 | 60.3% | 66.0% |
| | Flu Vaccination (% of adults) | 33 | 43.2% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 44 | 55.0% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 11 | 87.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 47 | 3,435 | 2,681 |
| Behaviors | | 41 | -0.662 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 49 | 15.3% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 11 | 8.9% | 7.4% |
| | Physical Inactivity (% of adults) | 42 | 26.4% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 16 | 410.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 16 | 5.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 45 | 22.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 46 | 39.3% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 46 | 17.4% | 14.0% |
| Health Outcomes | | 44 | -0.514 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 47 | 53.7 | 32.1 |
| | Excessive Drinking (% of adults) | 2 | 13.8% | 18.4% |
| | Frequent Mental Distress (% of adults) | 28 | 16.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 47 | 19.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 44 | 13,356 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 6 | 1.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 48 | 15.6% | 12.4% |
| | Low Birth Weight (% of live births) | 35 | 9.1% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 49 | 17.0% | 11.2% |
| | Obesity (% of adults) | 40 | 37.7% | 33.6% |
| Overall | | 41 | -0.406 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low Black/white residential segregation
- High prevalence of colorectal cancer screening
- Low levels of air pollution

Challenges

- High premature death rate
- High economic hardship index score
- Low prevalence of high school completion

Highlights

Homicide

46% 

from 13.4 to 19.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Drug Deaths

31% 

from 41.2 to 54.0 deaths per 100,000 population between 2020 and 2021.

Mental Health Providers

16% 

from 271.9 to 314.9 per 100,000 population between September 2018 and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 50 | -1.160 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 49 | 19.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 41 | 5.7 | 3.9 |
| | Public Health Funding (Dollars per person) | 22 | \$196 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 49 | 97 | — |
| | Food Insecurity (% of households) | 47 | 15.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 49 | 5.60 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 41 | 28.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 48 | 87.3% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 42 | 18.6% | 14.0% |
| | High-Speed Internet (% of households) | 49 | 88.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 9 | 57 | — |
| | Volunteerism (% of population ages 16+) | 36 | 21.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 44 | 55.1% | 59.5% |
| Physical Environment | | 47 | -0.240 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 24 | 7.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 49 | 4.1 | 2.7 |
| | Water Fluoridation (% of population served) | 45 | 38.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 26 | 2 | — |
| | Climate Risks (% of population)* | 47 | 78.7% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 49 | 1.1% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 18 | 12.3% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 31 | 15.3% | 16.7% |
| | Transportation Health Risks (% of population)* | 46 | 35.6% | 24.0% |
| Clinical Care | | 38 | -0.492 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 40 | 12.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 44 | 50.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 26 | 314.9 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 39 | 216.9 | 232.0 |
| | Uninsured (% of population) | 27 | 6.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 49 | 63.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 16 | 63.2% | 61.8% |
| | Dental Visit (% of adults) | 41 | 60.4% | 66.0% |
| | Flu Vaccination (% of adults) | 44 | 39.4% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 16 | 67.3% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 15 | 85.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 49 | 3,548 | 2,681 |
| Behaviors | | 49 | -1.365 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 42 | 19.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 39 | 6.2% | 7.4% |
| | Physical Inactivity (% of adults) | 45 | 28.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 47 | 730.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 48 | 7.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 48 | 24.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 47 | 39.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 43 | 16.7% | 14.0% |
| Health Outcomes | | 48 | -0.915 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 48 | 54.0 | 32.1 |
| | Excessive Drinking (% of adults) | 30 | 18.8% | 18.4% |
| | Frequent Mental Distress (% of adults) | 47 | 20.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 16 | 12.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 47 | 13,831 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 20 | 1.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 45 | 14.9% | 12.4% |
| | Low Birth Weight (% of live births) | 49 | 11.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 45 | 14.8% | 11.2% |
| | Obesity (% of adults) | 49 | 40.1% | 33.6% |
| Overall | | 50 | -0.948 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Maine

State Health Department Website: maine.gov/dhhs

Overall Rank

10

Summary

Strengths

- High prevalence of high school completion
- Low homicide rate
- Low incidence of chlamydia

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of frequent mental distress
- High Black/white residential segregation

Highlights

Chronic Kidney Disease

30% 

from 3.3% to 4.3% of adults between 2020 and 2022.

Drug Deaths

20% 

from 37.6 to 45.2 deaths per 100,000 population between 2020 and 2021.

Dental Care Providers

10% 

from 57.6 to 63.1 per 100,000 population between September 2022 and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 15 | 0.437 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 2 | 1.5 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 18 | 3.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 9 | \$241 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 13 | 34 | — |
| | Food Insecurity (% of households) | 19 | 10.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 16 | 4.42 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 40 | 29.2% | 32.1% |
| | High School Completion (% of adults ages 25+) | 2 | 94.6% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 39 | 17.9% | 14.0% |
| | High-Speed Internet (% of households) | 21 | 93.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 46 | 76 | — |
| | Volunteerism (% of population ages 16+) | 4 | 34.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 3 | 67.6% | 59.5% |
| Physical Environment | | 6 | 0.782 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 4 | 5.4 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 24 | 1.9 | 2.7 |
| | Water Fluoridation (% of population served) | 21 | 79.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 32 | 49.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 8 | 49.3% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 40 | 22.3% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 10 | 12.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 20 | 15.7% | 24.0% |
| Clinical Care | | 5 | 1.081 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 4 | 7.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 23 | 63.1 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 4 | 557.0 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 2 | 320.1 | 232.0 |
| | Uninsured (% of population) | 23 | 6.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 8 | 77.2% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 1 | 68.9% | 61.8% |
| | Dental Visit (% of adults) | 26 | 65.2% | 66.0% |
| | Flu Vaccination (% of adults) | 4 | 54.3% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 19 | 66.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 1 | 91.7% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 11 | 2,096 | 2,681 |
| Behaviors | | 15 | 0.374 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 38 | 20.2% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 26 | 7.1% | 7.4% |
| | Physical Inactivity (% of adults) | 18 | 22.6% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 3 | 245.7 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 5 | 7.8 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 11 | 32.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 32 | 15.0% | 14.0% |
| Health Outcomes | | 15 | 0.353 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 43 | 45.2 | 32.1 |
| | Excessive Drinking (% of adults) | 19 | 17.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 33 | 16.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 11 | 11.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 23 | 9,066 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 3 | 1.1 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 24 | 12.4% | 12.4% |
| | Low Birth Weight (% of live births) | 11 | 7.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 4 | 1.5 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 43 | 14.6% | 11.2% |
| | Obesity (% of adults) | 18 | 33.1% | 33.6% |
| Overall | | 10 | 0.534 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Maryland

State Health Department Website: health.maryland.gov

Overall Rank

11

Summary

Strengths

- Low prevalence of excessive drinking
- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking

Challenges

- High percentage of low birth weight infants
- High homicide rate
- High prevalence of insufficient sleep

Highlights

Chronic Kidney Disease

32% ▲

from 2.8% to 3.7% of adults between 2019 and 2022.

Firearm Deaths

27% ▲

from 11.8 to 15.0 deaths per 100,000 population between 2018 and 2021.

Air Pollution

20% ▼

from 8.3 to 6.6 micrograms of fine particulate matter per cubic meter between 2015-2017 and 2020-2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 18 | 0.331 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 41 | 11.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 15 | 3.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 17 | \$213 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 12 | 33 | — |
| | Food Insecurity (% of households) | 14 | 9.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 33 | 4.81 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 32 | 30.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 27 | 91.4% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 6 | 12.0% | 14.0% |
| | High-Speed Internet (% of households) | 12 | 94.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 25 | 65 | — |
| | Volunteerism (% of population ages 16+) | 29 | 23.7% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 6 | 65.8% | 59.5% |
| Physical Environment | | 5 | 0.800 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 11 | 6.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 18 | 1.7 | 2.7 |
| | Water Fluoridation (% of population served) | 8 | 93.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 7 | 7.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 34 | 8.9% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 28 | 16.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 32 | 15.5% | 16.7% |
| | Transportation Health Risks (% of population)* | 23 | 16.5% | 24.0% |
| Clinical Care | | 9 | 0.655 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 15 | 8.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 14 | 69.3 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 18 | 356.0 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 26 | 2396 | 232.0 |
| | Uninsured (% of population) | 18 | 6.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 12 | 75.4% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 16 | 63.2% | 61.8% |
| | Dental Visit (% of adults) | 18 | 66.7% | 66.0% |
| | Flu Vaccination (% of adults) | 7 | 53.3% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 7 | 72.0% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 11 | 87.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 20 | 2,496 | 2,681 |
| Behaviors | | 14 | 0.420 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 21 | 24.0% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 17 | 8.6% | 7.4% |
| | Physical Inactivity (% of adults) | 10 | 21.2% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | — | — | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 16 | 11.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 39 | 38.0% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 2 | 9.6% | 14.0% |
| Health Outcomes | | 6 | 0.616 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 42 | 43.7 | 32.1 |
| | Excessive Drinking (% of adults) | 6 | 14.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 10 | 14.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 16 | 12.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 21 | 8,703 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 20 | 1.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 3 | 10.2% | 12.4% |
| | Low Birth Weight (% of live births) | 32 | 8.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 9 | 9.3% | 11.2% |
| | Obesity (% of adults) | 19 | 33.2% | 33.6% |
| Overall | | 11 | 0.515 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Massachusetts

State Health Department Website: mass.gov/orgs/departments-of-public-health

Overall Rank

2

Summary

Strengths

- Low premature death rate
- Low economic hardship index score
- Low prevalence of cigarette smoking

Challenges

- High income inequality
- High preventable hospitalization rate
- High percentage of housing with lead risk

Highlights

Diabetes

25% ▲

from 8.4% to 10.5% of adults between 2019 and 2022.

Suicide

19% ▼

from 10.4 to 8.4 deaths per 100,000 population between 2018 and 2021.

Air Pollution

14% ▲

from 6.4 to 7.3 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 3 | 0.754 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 5 | 2.5 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 5 | 3.2 | 3.9 |
| | Public Health Funding (Dollars per person) | 6 | \$253 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 4 | 23 | — |
| | Food Insecurity (% of households) | 6 | 8.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 48 | 5.54 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 1 | 42.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 28 | 91.3% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 2 | 10.1% | 14.0% |
| | High-Speed Internet (% of households) | 5 | 94.6% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 25 | 65 | — |
| | Volunteerism (% of population ages 16+) | 32 | 23.1% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 17 | 61.5% | 59.5% |
| Physical Environment | | 37 | 0.150 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 21 | 7.3 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 5 | 1.3 | 2.7 |
| | Water Fluoridation (% of population served) | 37 | 57.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 17 | 24.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 22 | 18.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 48 | 29.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 39 | 16.9% | 16.7% |
| | Transportation Health Risks (% of population)* | 45 | 34.9% | 24.0% |
| Clinical Care | | 1 | 1.496 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 3 | 7.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 2 | 92.3 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 1 | 758.7 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 1 | 322.1 | 232.0 |
| | Uninsured (% of population) | 1 | 2.4% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 4 | 79.0% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 4 | 65.4% | 61.8% |
| | Dental Visit (% of adults) | 2 | 73.2% | 66.0% |
| | Flu Vaccination (% of adults) | 2 | 57.0% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 2 | 77.1% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 2 | 91.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 43 | 3,223 | 2,681 |
| Behaviors | | 9 | 0.647 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 28 | 22.2% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 21 | 7.6% | 7.4% |
| | Physical Inactivity (% of adults) | 11 | 21.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 12 | 385.8 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 26 | 5.7% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 2 | 5.7 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 11 | 32.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 7 | 10.4% | 14.0% |
| Health Outcomes | | 2 | 0.882 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 32 | 36.2 | 32.1 |
| | Excessive Drinking (% of adults) | 34 | 19.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 12 | 14.6% | 15.9% |
| | Non-medical Drug Use (% of adults) | 3 | 9.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 1 | 6,454 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 6 | 1.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 8 | 10.9% | 12.4% |
| | Low Birth Weight (% of live births) | 15 | 7.5% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 16 | 10.2% | 11.2% |
| | Obesity (% of adults) | 4 | 27.2% | 33.6% |
| Overall | | 2 | 0.815 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Michigan

State Health Department Website: michigan.gov/mdhhs

Overall Rank

26

Summary

Strengths

- High prevalence of dental visits
- Low uninsured rate
- Low average number of health-based drinking water violations

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High preventable hospitalization rate

Highlights

Mental Health Providers

37% ▲

from 253.0 to 347.5 per 100,000 population between September 2018 and September 2023.

Premature Death

26% ▲

from 7,843 to 9,897 years lost before age 75 per 100,000 population between 2019 and 2021.

Drug Deaths

11% ▲

from 28.1 to 31.2 deaths per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 34 | -0.090 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 33 | 8.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 15 | 3.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 49 | \$128 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 34 | 56 | — |
| | Food Insecurity (% of households) | 39 | 11.9% | 11.2% |
| | Income Inequality (80-20 Ratio) | 28 | 4.65 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 41 | 28.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 21 | 91.8% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 19 | 14.2% | 14.0% |
| | High-Speed Internet (% of households) | 25 | 92.8% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 45 | 74 | — |
| | Volunteerism (% of population ages 16+) | 26 | 24.4% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 9 | 65.1% | 59.5% |
| Physical Environment | | 9 | 0.533 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 34 | 8.3 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 6 | 1.4 | 2.7 |
| | Water Fluoridation (% of population served) | 15 | 89.3% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 2 | 3.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 31 | 10.4% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 38 | 21.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 21 | 13.4% | 16.7% |
| | Transportation Health Risks (% of population)* | 33 | 23.1% | 24.0% |
| Clinical Care | | 14 | 0.559 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 10 | 7.9% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 12 | 72.5 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 19 | 347.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 14 | 267.7 | 232.0 |
| | Uninsured (% of population) | 5 | 4.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 23 | 71.4% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 11 | 63.9% | 61.8% |
| | Dental Visit (% of adults) | 7 | 69.4% | 66.0% |
| | Flu Vaccination (% of adults) | 12 | 50.4% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 28 | 62.2% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 8 | 88.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 44 | 3,280 | 2,681 |
| Behaviors | | 23 | 0.143 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 24 | 23.3% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 7 | 9.6% | 7.4% |
| | Physical Inactivity (% of adults) | 29 | 23.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 18 | 452.4 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 26 | 5.7% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 21 | 12.2 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 22 | 35.2% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 35 | 15.2% | 14.0% |
| Health Outcomes | | 35 | -0.183 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 26 | 31.2 | 32.1 |
| | Excessive Drinking (% of adults) | 26 | 18.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 38 | 16.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 20 | 13.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 29 | 9,897 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 34 | 1.8 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 28 | 12.5% | 12.4% |
| | Low Birth Weight (% of live births) | 37 | 9.2% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 40 | 13.0% | 11.2% |
| | Obesity (% of adults) | 28 | 34.5% | 33.6% |
| Overall | | 26 | 0.093 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low household food insecurity
- High prevalence of high school completion
- Low prevalence of insufficient sleep

Challenges

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- Low prevalence of having a dedicated health care provider

Highlights

Mental Health Providers

47% ▲

from 235.9 to 346.9 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

20% ▲

from 12.3% to 14.8% of adults between 2021 and 2022.

Diabetes

13% ▲

from 9.0% to 10.2% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|--------------|
| Social & Economic Factors | | 2 | 0.932 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 13 | 3.8 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 9 | 3.5 | 3.9 |
| | Public Health Funding (Dollars per person) | 28 | \$183 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 6 | 28 | — |
| | Food Insecurity (% of households) | 2 | 7.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 12 | 4.36 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 24 | 32.2% | 32.1% |
| | High School Completion (% of adults ages 25+) | 4 | 94.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 13 | 12.7% | 14.0% |
| | High-Speed Internet (% of households) | 11 | 94.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 24 | 64 | — |
| | Volunteerism (% of population ages 16+) | 3 | 35.5% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 2 | 70.8% | 59.5% |
| Physical Environment | | 4 | 0.805 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 19 | 7.2 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 9 | 1.5 | 2.7 |
| | Water Fluoridation (% of population served) | 2 | 98.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 8 | 8.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 17 | 30.9% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 32 | 18.8% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 9 | 12.6% | 16.7% |
| | Transportation Health Risks (% of population)* | 11 | 9.8% | 24.0% |
| Clinical Care | | 8 | 0.675 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 6 | 7.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 15 | 68.3 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 20 | 346.9 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 9 | 282.9 | 232.0 |
| | Uninsured (% of population) | 5 | 4.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 21 | 71.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 12 | 63.8% | 61.8% |
| | Dental Visit (% of adults) | 10 | 68.4% | 66.0% |
| | Flu Vaccination (% of adults) | 8 | 51.5% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 13 | 68.6% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 29 | 82.7% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 16 | 2,273 | 2,681 |
| | Behaviors | | 7 | 0.725 |
| Nutrition and Physical Activity | Exercise (% of adults) | 10 | 25.5% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 22 | 7.5% | 7.4% |
| | Physical Inactivity (% of adults) | 8 | 20.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 13 | 395.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 13 | 5.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 8 | 8.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 1 | 29.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 22 | 13.0% | 14.0% |
| Health Outcomes | | 20 | 0.255 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 14 | 24.1 | 32.1 |
| | Excessive Drinking (% of adults) | 46 | 21.2% | 18.4% |
| | Frequent Mental Distress (% of adults) | 13 | 14.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 14 | 12.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 6 | 7,230 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 47 | 3.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 6 | 10.7% | 12.4% |
| | Low Birth Weight (% of live births) | 10 | 7.2% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 14 | 9.9% | 11.2% |
| | Obesity (% of adults) | 25 | 33.6% | 33.6% |
| Overall | | 5 | 0.670 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High per capita public health funding
- Low percentage of housing with lead risk

Challenges

- High premature death rate
- High economic hardship index score
- Low adult flu vaccination rate

Highlights

Homicide

52% ▲

from 13.7 to 20.8 deaths per 100,000 population between 2018-2019 and 2020-2021.

Occupational Fatalities

36% ▼

from 8.5 to 5.4 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Drug Deaths

35% ▲

from 20.3 to 27.4 deaths per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 48 | -0.903 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 50 | 20.8 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 36 | 5.4 | 3.9 |
| | Public Health Funding (Dollars per person) | 21 | \$198 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 50 | 100 | — |
| | Food Insecurity (% of households) | 48 | 15.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 45 | 5.27 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 32 | 30.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 46 | 87.6% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 35 | 17.2% | 14.0% |
| | High-Speed Internet (% of households) | 50 | 87.7% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 3 | 52 | — |
| | Volunteerism (% of population ages 16+) | 40 | 21.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 28 | 58.4% | 59.5% |
| Physical Environment | | 35 | 0.160 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 32 | 8.2 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 26 | 2.0 | 2.7 |
| | Water Fluoridation (% of population served) | 35 | 61.1% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 41 | 65.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 50 | 0.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 10 | 10.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 29 | 14.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 38 | 25.4% | 24.0% |
| Clinical Care | | 49 | -1.112 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 45 | 14.2% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 47 | 46.5 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 41 | 222.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 28 | 239.5 | 232.0 |
| | Uninsured (% of population) | 43 | 10.8% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 31 | 69.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 37 | 58.6% | 61.8% |
| | Dental Visit (% of adults) | — | — | 66.0% |
| | Flu Vaccination (% of adults) | 50 | 35.1% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 50 | 38.5% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 35 | 81.7% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 48 | 3,445 | 2,681 |
| Behaviors | | 50 | -1.613 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 47 | 15.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 48 | 4.1% | 7.4% |
| | Physical Inactivity (% of adults) | 50 | 31.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 48 | 750.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 42 | 6.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 49 | 25.6 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 38 | 37.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 46 | 17.4% | 14.0% |
| Health Outcomes | | 46 | -0.690 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 17 | 27.4 | 32.1 |
| | Excessive Drinking (% of adults) | 7 | 15.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 23 | 15.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 42 | 17.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 50 | 15,250 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 34 | 1.8 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 39 | 14.0% | 12.4% |
| | Low Birth Weight (% of live births) | 50 | 12.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 42 | 14.1% | 11.2% |
| | Obesity (% of adults) | 47 | 39.5% | 33.6% |
| Overall | | 49 | -0.917 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High volunteerism rate
- High prevalence of colorectal cancer screening
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of excessive drinking
- High homicide rate
- High household food insecurity

Highlights

Mental Health Providers

39% 

from 184.2 to 256.8 per 100,000 population between September 2018 and September 2023.

Drug Deaths

14% 

from 31.1 to 35.6 deaths per 100,000 population between 2020 and 2021.

Insufficient Sleep

12% 

from 32.8% to 36.8% of adults between 2012 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 37 | -0.247 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 45 | 12.3 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 28 | 4.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 38 | \$152 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 32 | 54 | — |
| | Food Insecurity (% of households) | 41 | 12.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 22 | 4.55 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 35 | 30.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 23 | 91.6% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 34 | 17.0% | 14.0% |
| | High-Speed Internet (% of households) | 39 | 91.6% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 42 | 72 | — |
| | Volunteerism (% of population ages 16+) | 9 | 30.5% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 24 | 59.9% | 59.5% |
| Physical Environment | | 23 | 0.358 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 22 | 7.5 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 18 | 1.7 | 2.7 |
| | Water Fluoridation (% of population served) | 29 | 72.2% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 35 | 51.8% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 30 | 11.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 30 | 17.8% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 10 | 12.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 27 | 18.9% | 24.0% |
| Clinical Care | | 36 | -0.325 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 34 | 11.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 36 | 56.3 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 35 | 256.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 29 | 2381 | 232.0 |
| | Uninsured (% of population) | 36 | 8.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 28 | 70.3% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 23 | 62.4% | 61.8% |
| | Dental Visit (% of adults) | 37 | 61.2% | 66.0% |
| | Flu Vaccination (% of adults) | 29 | 44.4% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 35 | 59.8% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 30 | 82.3% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 37 | 3,036 | 2,681 |
| Behaviors | | 43 | -0.846 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 45 | 17.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 45 | 5.1% | 7.4% |
| | Physical Inactivity (% of adults) | 36 | 25.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 34 | 517.4 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 41 | 6.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 38 | 17.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 31 | 36.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 44 | 16.8% | 14.0% |
| Health Outcomes | | 42 | -0.437 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 31 | 35.6 | 32.1 |
| | Excessive Drinking (% of adults) | 41 | 20.2% | 18.4% |
| | Frequent Mental Distress (% of adults) | 42 | 17.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 32 | 15.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 39 | 11,082 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 32 | 1.7 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 40 | 14.1% | 12.4% |
| | Low Birth Weight (% of live births) | 32 | 8.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 37 | 12.3% | 11.2% |
| | Obesity (% of adults) | 35 | 36.4% | 33.6% |
| Overall | | 40 | -0.365 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of high school completion
- Low preventable hospitalization rate
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- Low percentage of households with high-speed internet
- Low prevalence of having a dedicated health care provider

Highlights

Mental Health Providers

36% 

from 282.7 to 385.1 per 100,000 population between September 2018 and September 2023.

Premature Death

14% 

from 8,835 to 10,056 years lost before age 75 per 100,000 population between 2020 and 2021.

Arthritis

12% 

from 27.5% to 30.8% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|--------------|
| Social & Economic Factors | | 27 | 0.146 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 19 | 5.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 32 | 5.0 | 3.9 |
| | Public Health Funding (Dollars per person) | 11 | \$232 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 17 | 42 | — |
| | Food Insecurity (% of households) | 19 | 10.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 8 | 4.27 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 14 | 33.7% | 32.1% |
| | High School Completion (% of adults ages 25+) | 4 | 94.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 48 | 21.9% | 14.0% |
| | High-Speed Internet (% of households) | 40 | 91.5% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 49 | 80 | — |
| | Volunteerism (% of population ages 16+) | 8 | 31.1% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 11 | 65.0% | 59.5% |
| Physical Environment | | 25 | 0.330 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 11 | 6.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 18 | 1.7 | 2.7 |
| | Water Fluoridation (% of population served) | 46 | 31.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 37 | 56.9% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 7 | 51.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 27 | 16.1% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 26 | 14.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 5 | 4.8% | 24.0% |
| Clinical Care | | 28 | -0.060 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 18 | 9.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 18 | 66.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 16 | 385.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 23 | 251.7 | 232.0 |
| | Uninsured (% of population) | 34 | 8.3% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 44 | 66.6% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 20 | 62.6% | 61.8% |
| | Dental Visit (% of adults) | 31 | 64.1% | 66.0% |
| | Flu Vaccination (% of adults) | 39 | 40.6% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 34 | 60.3% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 40 | 80.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 7 | 1,757 | 2,681 |
| | Behaviors | | 12 | 0.495 |
| Nutrition and Physical Activity | Exercise (% of adults) | 2 | 28.3% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 27 | 7.0% | 7.4% |
| | Physical Inactivity (% of adults) | 5 | 19.6% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 9 | 364.9 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 26 | 5.7% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 27 | 13.6 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 7 | 31.7% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 35 | 15.2% | 14.0% |
| Health Outcomes | | 30 | -0.110 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 6 | 18.6 | 32.1 |
| | Excessive Drinking (% of adults) | 49 | 23.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 34 | 16.4% | 15.9% |
| | Non-medical Drug Use (% of adults) | 15 | 12.4% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 31 | 10,056 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 45 | 3.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 34 | 13.2% | 12.4% |
| | Low Birth Weight (% of live births) | 16 | 7.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 2 | 1.4 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 25 | 11.2% | 11.2% |
| | Obesity (% of adults) | 9 | 30.5% | 33.6% |
| Overall | | 24 | 0.139 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- High volunteerism rate
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High household food insecurity
- High percentage of housing with lead risk

Highlights

Homicide

54% ▲

from 2.4 to 3.7 deaths per 100,000 population between 2018-2019 and 2020-2021.

Unemployment

36% ▼

from 3.6% to 2.3% of civilian workers between 2018 and 2022.

E-cigarette Use

27% ▲

from 6.7% to 8.5% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 11 | 0.471 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 12 | 3.7 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 23 | 4.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 27 | \$184 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 14 | 37 | — |
| | Food Insecurity (% of households) | 40 | 12.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 10 | 4.34 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 11 | 34.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 15 | 92.8% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 15 | 13.3% | 14.0% |
| | High-Speed Internet (% of households) | 22 | 92.9% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 25 | 65 | — |
| | Volunteerism (% of population ages 16+) | 6 | 33.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 35 | 57.0% | 59.5% |
| Physical Environment | | 30 | 0.223 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 8 | 5.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 39 | 2.5 | 2.7 |
| | Water Fluoridation (% of population served) | 28 | 73.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 33 | 50.8% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 16 | 34.0% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 37 | 20.9% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 6 | 12.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 9 | 7.8% | 24.0% |
| Clinical Care | | 18 | 0.395 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 27 | 10.2% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 11 | 73.4 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 24 | 326.3 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 16 | 264.7 | 232.0 |
| | Uninsured (% of population) | 25 | 6.7% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 7 | 77.3% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 34 | 59.9% | 61.8% |
| | Dental Visit (% of adults) | 21 | 66.2% | 66.0% |
| | Flu Vaccination (% of adults) | 13 | 49.0% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 23 | 65.4% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 28 | 82.9% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 15 | 2,247 | 2,681 |
| Behaviors | | 20 | 0.164 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 35 | 20.9% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 29 | 6.9% | 7.4% |
| | Physical Inactivity (% of adults) | 34 | 24.7% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 19 | 453.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 13 | 5.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 28 | 14.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 4 | 30.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 22 | 13.0% | 14.0% |
| Health Outcomes | | 16 | 0.281 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 1 | 11.3 | 32.1 |
| | Excessive Drinking (% of adults) | 43 | 20.5% | 18.4% |
| | Frequent Mental Distress (% of adults) | 2 | 12.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 20 | 13.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 13 | 7,872 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 42 | 2.5 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 4 | 10.3% | 12.4% |
| | Low Birth Weight (% of live births) | 16 | 7.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 8 | 9.1% | 11.2% |
| | Obesity (% of adults) | 31 | 35.3% | 33.6% |
| Overall | | 17 | 0.326 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low income inequality
- Low percentage of housing with lead risk

Challenges

- Low prevalence of high school completion
- High prevalence of avoiding care due to cost
- High prevalence of high-risk HIV behaviors

Highlights

Drug Deaths

44% 

from 20.8 to 29.9 deaths per 100,000 population between 2019 and 2021.

Mental Health Providers

30% 

from 202.9 to 263.1 per 100,000 population between September 2018 and September 2023.

Air Pollution

18% 

from 8.8 to 10.4 micrograms of fine particulate matter per cubic meter between 2015-2017 and 2020-2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 39 | -0.290 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 30 | 7.7 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 18 | 3.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 47 | \$135 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 44 | 78 | — |
| | Food Insecurity (% of households) | 38 | 11.7% | 11.2% |
| | Income Inequality (80-20 Ratio) | 12 | 4.36 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 45 | 26.9% | 32.1% |
| | High School Completion (% of adults ages 25+) | 47 | 87.4% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 25 | 15.5% | 14.0% |
| | High-Speed Internet (% of households) | 17 | 93.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 5 | 53 | — |
| | Volunteerism (% of population ages 16+) | 49 | 16.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 38 | 56.2% | 59.5% |
| Physical Environment | | 24 | 0.342 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 48 | 10.4 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 25 | 76.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 26 | 36.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 15 | 35.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 1 | 4.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 44 | 18.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 47 | 36.1% | 24.0% |
| Clinical Care | | 46 | -1.069 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 49 | 15.0% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 28 | 59.0 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 32 | 263.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 46 | 192.6 | 232.0 |
| | Uninsured (% of population) | 45 | 11.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 37 | 67.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 47 | 55.3% | 61.8% |
| | Dental Visit (% of adults) | 39 | 60.8% | 66.0% |
| | Flu Vaccination (% of adults) | 49 | 36.8% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 37 | 59.5% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 47 | 74.3% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 22 | 2,540 | 2,681 |
| Behaviors | | 42 | -0.761 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 40 | 20.0% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 43 | 5.7% | 7.4% |
| | Physical Inactivity (% of adults) | 41 | 26.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 36 | 520.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 50 | 8.2% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 29 | 15.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 45 | 38.9% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 30 | 14.8% | 14.0% |
| Health Outcomes | | 38 | -0.197 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 23 | 29.9 | 32.1 |
| | Excessive Drinking (% of adults) | 30 | 18.8% | 18.4% |
| | Frequent Mental Distress (% of adults) | 13 | 14.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 46 | 19.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 32 | 10,265 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 46 | 15.0% | 12.4% |
| | Low Birth Weight (% of live births) | 44 | 9.7% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 21 | 10.7% | 11.2% |
| | Obesity (% of adults) | 24 | 33.5% | 33.6% |
| Overall | | 42 | -0.414 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

New Hampshire

State Health Department Website: dhhs.nh.gov

Overall Rank

1

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low homicide rate

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- Low percentage of community water supply with fluoridated water

Highlights

Cardiovascular Diseases

28% ▲

from 7.1% to 9.1% of adults between 2017 and 2022.

Uninsured

22% ▼

from 6.3% to 4.9% of the population between 2019 and 2022.

Housing Cost Burden

20% ▲

from 32.2% to 38.6% of households between 2019 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|--------------|
| Social & Economic Factors | | 1 | 1.030 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 1 | 1.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 4 | 3.1 | 3.9 |
| | Public Health Funding (Dollars per person) | 30 | \$181 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 1 | 1 | — |
| | Food Insecurity (% of households) | 1 | 6.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 15 | 4.38 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 6 | 37.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 3 | 94.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 25 | 15.5% | 14.0% |
| | High-Speed Internet (% of households) | 1 | 95.4% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 34 | 68 | — |
| | Volunteerism (% of population ages 16+) | 17 | 27.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 5 | 66.6% | 59.5% |
| Physical Environment | | 12 | 0.517 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 2 | 4.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 43 | 46.2% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 20 | 29.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 33 | 9.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 34 | 19.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 23 | 13.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 15 | 12.4% | 24.0% |
| Clinical Care | | 6 | 1.069 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 8 | 7.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 17 | 67.2 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 15 | 393.3 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 6 | 292.1 | 232.0 |
| | Uninsured (% of population) | 8 | 4.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 3 | 79.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 20 | 62.6% | 61.8% |
| | Dental Visit (% of adults) | 8 | 69.0% | 66.0% |
| | Flu Vaccination (% of adults) | 6 | 53.5% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 3 | 76.2% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 3 | 90.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 19 | 2.472 | 2.681 |
| | Behaviors | | 2 | 1.129 |
| Nutrition and Physical Activity | Exercise (% of adults) | 5 | 26.4% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 4 | 11.1% | 7.4% |
| | Physical Inactivity (% of adults) | 7 | 20.0% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 2 | 217.9 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 29 | 5.8% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 1 | 5.4 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 16 | 33.0% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 10 | 11.2% | 14.0% |
| Health Outcomes | | 8 | 0.573 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 28 | 31.6 | 32.1 |
| | Excessive Drinking (% of adults) | 33 | 19.0% | 18.4% |
| | Frequent Mental Distress (% of adults) | 38 | 16.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 2 | 8.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 9 | 7,289 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | — | — | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 17 | 11.9% | 12.4% |
| | Low Birth Weight (% of live births) | 6 | 7.0% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 6 | 1.6 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 33 | 12.0% | 11.2% |
| | Obesity (% of adults) | 8 | 30.2% | 33.6% |
| Overall | | 1 | 0.891 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of frequent mental distress
- Low prevalence of multiple chronic conditions
- Low household food insecurity

Challenges

- Low volunteerism rate
- Low prevalence of colorectal cancer screening
- Low supply of primary care providers

Highlights

Homicide

24% ▲

from 3.4 to 4.2 deaths per 100,000 population between 2018-2019 and 2020-2021.

Housing Cost Burden

13% ▲

from 36.1% to 40.7% of households between 2019 and 2022.

Premature Death

10% ▼

from 7,759 to 7,013 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 13 | 0.464 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 14 | 4.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 3 | 3.0 | 3.9 |
| | Public Health Funding (Dollars per person) | 40 | \$145 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 18 | 46 | — |
| | Food Insecurity (% of households) | 8 | 8.8% | 11.2% |
| | Income Inequality (80-20 Ratio) | 40 | 5.07 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 4 | 38.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 29 | 90.7% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 3 | 10.9% | 14.0% |
| | High-Speed Internet (% of households) | 6 | 94.5% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 34 | 68 | — |
| | Volunteerism (% of population ages 16+) | 43 | 19.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 13 | 64.4% | 59.5% |
| Physical Environment | | 43 | -0.132 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 22 | 7.5 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 49 | 16.1% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 15 | 19.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 45 | 3.4% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 42 | 23.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 47 | 19.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 48 | 40.1% | 24.0% |
| Clinical Care | | 30 | -0.094 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 30 | 10.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 9 | 74.1 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 29 | 299.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 49 | 181.4 | 232.0 |
| | Uninsured (% of population) | 26 | 6.8% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 37 | 67.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 43 | 55.9% | 61.8% |
| | Dental Visit (% of adults) | 12 | 68.3% | 66.0% |
| | Flu Vaccination (% of adults) | 10 | 51.0% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 25 | 63.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 18 | 84.5% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 35 | 2,984 | 2,681 |
| Behaviors | | 8 | 0.662 | |
| Nutrition and Physical Activity | Exercise (% of adults) | — | — | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 3 | 11.4% | 7.4% |
| | Physical Inactivity (% of adults) | 23 | 23.3% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 8 | 360.7 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 7 | 7.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 35 | 37.4% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 7 | 10.4% | 14.0% |
| Health Outcomes | | 3 | 0.700 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 29 | 32.5 | 32.1 |
| | Excessive Drinking (% of adults) | 14 | 16.9% | 18.4% |
| | Frequent Mental Distress (% of adults) | 5 | 13.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 8 | 11.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 4 | 7,013 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 27 | 1.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 15 | 11.7% | 12.4% |
| | Low Birth Weight (% of live births) | 18 | 7.7% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 3 | 8.5% | 11.2% |
| | Obesity (% of adults) | 6 | 29.1% | 33.6% |
| Overall | | 13 | 0.419 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High per capita public health funding
- Low preventable hospitalization rate
- Low prevalence of insufficient sleep

Challenges

- High economic hardship index score
- High homicide rate
- High occupational fatality rate

Highlights

Firearm Deaths

21% ▲

from 22.9 to 27.6 deaths per 100,000 population between 2020 and 2021.

Uninsured

18% ▼

from 10.0% to 8.2% of the population between 2021 and 2022.

Premature Death

17% ▲

from 11,896 to 13,946 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 47 | -0.879 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 47 | 12.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 49 | 8.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 3 | \$343 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 48 | 91 | — |
| | Food Insecurity (% of households) | 29 | 11.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 46 | 5.30 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 50 | 21.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 44 | 88.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 50 | 24.7% | 14.0% |
| | High-Speed Internet (% of households) | 48 | 88.7% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 6 | 54 | — |
| | Volunteerism (% of population ages 16+) | 45 | 19.7% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 28 | 58.4% | 59.5% |
| Physical Environment | | 31 | 0.203 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 15 | 6.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 48 | 4.0 | 2.7 |
| | Water Fluoridation (% of population served) | 24 | 76.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 43 | 69.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 12 | 40.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 15 | 11.3% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 38 | 16.6% | 16.7% |
| | Transportation Health Risks (% of population)* | 26 | 18.4% | 24.0% |
| Clinical Care | | 34 | -0.306 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 25 | 10.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 23 | 63.1 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 11 | 454.6 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 32 | 234.6 | 232.0 |
| | Uninsured (% of population) | 32 | 8.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 36 | 68.1% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 47 | 55.3% | 61.8% |
| | Dental Visit (% of adults) | 36 | 61.7% | 66.0% |
| | Flu Vaccination (% of adults) | 22 | 46.4% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 31 | 60.8% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 49 | 73.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 10 | 1,863 | 2,681 |
| Behaviors | | 34 | -0.221 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 8 | 25.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 39 | 6.2% | 7.4% |
| | Physical Inactivity (% of adults) | 31 | 24.2% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 41 | 588.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 33 | 6.1% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 41 | 19.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 13 | 32.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 32 | 15.0% | 14.0% |
| Health Outcomes | | 40 | -0.421 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 45 | 51.1 | 32.1 |
| | Excessive Drinking (% of adults) | 12 | 16.7% | 18.4% |
| | Frequent Mental Distress (% of adults) | 25 | 15.9% | 15.9% |
| | Non-medical Drug Use (% of adults) | 45 | 18.9% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 48 | 13,946 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 38 | 2.1 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 42 | 14.2% | 12.4% |
| | Low Birth Weight (% of live births) | 39 | 9.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 31 | 11.6% | 11.2% |
| | Obesity (% of adults) | 17 | 32.4% | 33.6% |
| Overall | | 43 | -0.440 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low premature death rate
- Low prevalence of multiple chronic conditions
- Low occupational fatality rate

Challenges

- Low prevalence of high school completion
- High income inequality
- High percentage of housing with lead risk

Highlights

Homicide

48% ▲

from 3.1 to 4.6 deaths per 100,000 population between 2018-2019 and 2020-2021.

Mental Health Providers

36% ▲

from 274.1 to 371.5 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

18% ▲

from 13.0% to 15.4% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|--------------|
| Social & Economic Factors | | 38 | -0.280 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 18 | 4.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 1 | 2.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 11 | \$232 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 38 | 70 | — |
| | Food Insecurity (% of households) | 31 | 11.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 50 | 5.95 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 39 | 29.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 45 | 87.9% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 1 | 9.8% | 14.0% |
| | High-Speed Internet (% of households) | 36 | 92.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 47 | 77 | — |
| | Volunteerism (% of population ages 16+) | 38 | 21.7% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 36 | 56.9% | 59.5% |
| Physical Environment | | 41 | -0.105 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 14 | 6.7 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 26 | 2.0 | 2.7 |
| | Water Fluoridation (% of population served) | 30 | 71.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 10 | 10.4% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 19 | 28.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 50 | 31.9% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 48 | 22.4% | 16.7% |
| | Transportation Health Risks (% of population)* | 50 | 51.5% | 24.0% |
| Clinical Care | | 20 | 0.288 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 21 | 9.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 13 | 71.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 17 | 371.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 12 | 270.0 | 232.0 |
| | Uninsured (% of population) | 8 | 4.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 27 | 70.4% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 35 | 59.7% | 61.8% |
| | Dental Visit (% of adults) | 30 | 64.3% | 66.0% |
| | Flu Vaccination (% of adults) | 16 | 48.3% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 11 | 70.7% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 24 | 83.9% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 27 | 2,752 | 2,681 |
| | Behaviors | | 16 | 0.317 |
| Nutrition and Physical Activity | Exercise (% of adults) | 18 | 24.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 2 | 12.0% | 7.4% |
| | Physical Inactivity (% of adults) | 38 | 25.6% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 33 | 512.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 30 | 5.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 9 | 9.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 41 | 38.4% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 11 | 11.3% | 14.0% |
| Health Outcomes | | 17 | 0.272 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 21 | 29.0 | 32.1 |
| | Excessive Drinking (% of adults) | 26 | 18.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 21 | 15.4% | 15.9% |
| | Non-medical Drug Use (% of adults) | 33 | 15.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 3 | 7,008 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 20 | 1.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 19 | 12.0% | 12.4% |
| | Low Birth Weight (% of live births) | 25 | 8.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 49 | 2.5 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 9 | 9.3% | 11.2% |
| | Obesity (% of adults) | 7 | 30.1% | 33.6% |
| Overall | | 27 | 0.079 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of colorectal cancer screening
- Low prevalence of insufficient sleep
- Low percentage of housing with lead risk

Challenges

- High prevalence of frequent physical distress
- Low adolescent HPV vaccination rate
- High prevalence of high-risk HIV behaviors

Highlights

Homicide

37% ▲

from 6.5 to 8.9 deaths per 100,000 population between 2018-2019 and 2020-2021.

Frequent Mental Distress

24% ▲

from 12.3% to 15.3% of adults between 2018 and 2022.

Uninsured

11% ▼

from 10.4% to 9.3% of the population between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 29 | 0.052 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 36 | 8.9 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 23 | 4.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 44 | \$137 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 26 | 51 | — |
| | Food Insecurity (% of households) | 26 | 10.7% | 11.2% |
| | Income Inequality (80-20 Ratio) | 25 | 4.60 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 23 | 32.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 34 | 90.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 20 | 14.8% | 14.0% |
| | High-Speed Internet (% of households) | 30 | 92.4% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 6 | 54 | — |
| | Volunteerism (% of population ages 16+) | 33 | 22.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 43 | 55.2% | 59.5% |
| Physical Environment | | 3 | 0.850 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 17 | 7.1 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 18 | 1.7 | 2.7 |
| | Water Fluoridation (% of population served) | 17 | 87.9% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 34 | 51.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 28 | 12.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 8 | 9.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 26 | 14.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 28 | 19.0% | 24.0% |
| Clinical Care | | 32 | -0.173 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 38 | 11.9% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 39 | 54.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 23 | 327.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 22 | 253.0 | 232.0 |
| | Uninsured (% of population) | 40 | 9.3% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 14 | 74.0% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 12 | 63.8% | 61.8% |
| | Dental Visit (% of adults) | 32 | 63.6% | 66.0% |
| | Flu Vaccination (% of adults) | 23 | 46.2% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 45 | 54.8% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 31 | 82.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 29 | 2,831 | 2,681 |
| Behaviors | | 39 | -0.478 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 33 | 21.6% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 39 | 6.2% | 7.4% |
| | Physical Inactivity (% of adults) | 21 | 23.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 43 | 603.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 48 | 7.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 32 | 16.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 18 | 34.1% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 27 | 14.5% | 14.0% |
| Health Outcomes | | 36 | -0.184 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 34 | 37.9 | 32.1 |
| | Excessive Drinking (% of adults) | 20 | 17.9% | 18.4% |
| | Frequent Mental Distress (% of adults) | 20 | 15.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 24 | 14.1% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 34 | 10,763 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 25 | 1.5 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 40 | 14.1% | 12.4% |
| | Low Birth Weight (% of live births) | 39 | 9.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 38 | 12.7% | 11.2% |
| | Obesity (% of adults) | 26 | 34.1% | 33.6% |
| Overall | | 32 | -0.067 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

North Dakota

State Health Department Website: hhs.nd.gov/health

Overall Rank

14

Summary

Strengths

- Low economic hardship index score
- High prevalence of high school completion
- Low levels of air pollution

Challenges

- High racial disparity in premature death rates
- High prevalence of excessive drinking
- High occupational fatality rate

Highlights

Per Capita Income

15% 

from \$36,497 to \$41,800 between 2021 and 2022.

Insufficient Sleep

13% 

from 29.5% to 33.2% of adults between 2012 and 2022.

Preventable Hospitalizations

10% 

from 2,666 to 2,928 discharges per 100,000 Medicare enrollees between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 7 | 0.646 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 10 | 3.5 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 46 | 6.5 | 3.9 |
| | Public Health Funding (Dollars per person) | 7 | \$251 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 5 | 26 | — |
| | Food Insecurity (% of households) | 3 | 7.7% | 11.2% |
| | Income Inequality (80-20 Ratio) | 12 | 4.36 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 30 | 31.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 6 | 93.9% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 16 | 13.8% | 14.0% |
| | High-Speed Internet (% of households) | 36 | 92.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 9 | 57 | — |
| | Volunteerism (% of population ages 16+) | 21 | 26.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 25 | 59.6% | 59.5% |
| Physical Environment | | 2 | 0.878 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 4 | 5.4 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 2 | 1.0 | 2.7 |
| | Water Fluoridation (% of population served) | 4 | 96.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 42 | 65.7% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 12 | 40.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 24 | 15.0% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 4 | 11.9% | 16.7% |
| | Transportation Health Risks (% of population)* | 3 | 2.3% | 24.0% |
| Clinical Care | | 17 | 0.412 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 14 | 8.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 22 | 63.4 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 38 | 238.7 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 3 | 306.2 | 232.0 |
| | Uninsured (% of population) | 20 | 6.4% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 13 | 75.3% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 19 | 62.7% | 61.8% |
| | Dental Visit (% of adults) | 19 | 66.6% | 66.0% |
| | Flu Vaccination (% of adults) | 27 | 45.5% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 5 | 74.4% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 32 | 82.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 33 | 2,928 | 2,681 |
| Behaviors | | 32 | -0.154 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 39 | 20.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 35 | 6.3% | 7.4% |
| | Physical Inactivity (% of adults) | 30 | 24.0% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 32 | 511.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 21 | 5.6% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 24 | 12.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 17 | 33.2% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 34 | 15.1% | 14.0% |
| Health Outcomes | | 18 | 0.271 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 4 | 16.1 | 32.1 |
| | Excessive Drinking (% of adults) | 50 | 23.9% | 18.4% |
| | Frequent Mental Distress (% of adults) | 7 | 14.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 1 | 7.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 19 | 8,532 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 46 | 3.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 5 | 10.5% | 12.4% |
| | Low Birth Weight (% of live births) | 1 | 6.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 6 | 1.6 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 17 | 10.4% | 11.2% |
| | Obesity (% of adults) | 32 | 35.4% | 33.6% |
| Overall | | 14 | 0.381 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High prevalence of high school completion
- Low occupational fatality rate
- Low uninsured rate

Challenges

- High prevalence of multiple chronic conditions
- High prevalence of high-risk HIV behaviors
- High prevalence of cigarette smoking

Highlights

Chronic Kidney Disease

62% ▲

from 2.9% to 4.7% of adults between 2017 and 2022.

Mental Health Providers

51% ▲

from 228.4 to 344.0 per 100,000 population between September 2018 and September 2023.

Frequent Mental Distress

12% ▲

from 16.3% to 18.3% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 32 | -0.005 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 34 | 8.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 9 | 3.5 | 3.9 |
| | Public Health Funding (Dollars per person) | 37 | \$153 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 26 | 51 | — |
| | Food Insecurity (% of households) | 35 | 11.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 30 | 4.70 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 10 | 34.5% | 32.1% |
| | High School Completion (% of adults ages 25+) | 21 | 91.8% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 29 | 15.9% | 14.0% |
| | High-Speed Internet (% of households) | 31 | 92.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 40 | 70 | — |
| | Volunteerism (% of population ages 16+) | 27 | 24.3% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 27 | 59.0% | 59.5% |
| Physical Environment | | 32 | 0.172 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 36 | 8.4 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 36 | 2.2 | 2.7 |
| | Water Fluoridation (% of population served) | 9 | 92.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 4 | 4.4% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 44 | 3.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 43 | 23.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 12 | 12.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 19 | 14.5% | 24.0% |
| Clinical Care | | 25 | -0.022 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 21 | 9.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 34 | 57.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 21 | 344.0 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 21 | 2531 | 232.0 |
| | Uninsured (% of population) | 15 | 5.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 37 | 67.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 28 | 61.1% | 61.8% |
| | Dental Visit (% of adults) | 29 | 64.4% | 66.0% |
| | Flu Vaccination (% of adults) | 31 | 44.3% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 26 | 62.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 15 | 85.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 36 | 3,022 | 2,681 |
| Behaviors | | 40 | -0.651 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 35 | 20.9% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 25 | 7.3% | 7.4% |
| | Physical Inactivity (% of adults) | 35 | 25.1% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 25 | 479.8 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 44 | 7.0% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 31 | 15.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 42 | 38.5% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 45 | 17.1% | 14.0% |
| Health Outcomes | | 43 | -0.494 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 44 | 46.7 | 32.1 |
| | Excessive Drinking (% of adults) | 37 | 19.5% | 18.4% |
| | Frequent Mental Distress (% of adults) | 46 | 18.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 27 | 14.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 38 | 11,012 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 25 | 1.5 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 38 | 13.9% | 12.4% |
| | Low Birth Weight (% of live births) | 29 | 8.7% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 43 | 14.6% | 11.2% |
| | Obesity (% of adults) | 44 | 38.1% | 33.6% |
| Overall | | 36 | -0.241 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- High per capita public health funding
- High supply of mental health providers

Challenges

- High prevalence of non-medical drug use
- High economic hardship index score
- High prevalence of physical inactivity

Highlights

Asthma

28% ▲

from 9.6% to 12.3% of adults between 2017 and 2022.

Uninsured

18% ▼

from 14.3% to 11.7% of the population between 2019 and 2022.

Premature Death

17% ▲

from 10,873 to 12,764 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 44 | -0.639 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 34 | 8.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 34 | 5.2 | 3.9 |
| | Public Health Funding (Dollars per person) | 15 | \$222 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 42 | 76 | — |
| | Food Insecurity (% of households) | 45 | 14.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 33 | 4.81 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 48 | 24.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 37 | 89.6% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 41 | 18.3% | 14.0% |
| | High-Speed Internet (% of households) | 44 | 91.0% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 15 | 59 | — |
| | Volunteerism (% of population ages 16+) | 30 | 23.6% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 47 | 52.7% | 59.5% |
| Physical Environment | | 49 | -0.340 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 40 | 8.7 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 50 | 5.2 | 2.7 |
| | Water Fluoridation (% of population served) | 32 | 68.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 45 | 72.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 10 | 46.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 21 | 13.5% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 19 | 13.3% | 16.7% |
| | Transportation Health Risks (% of population)* | 15 | 12.4% | 24.0% |
| Clinical Care | | 48 | -1.109 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 47 | 14.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 32 | 58.2 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 12 | 432.3 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 43 | 205.6 | 232.0 |
| | Uninsured (% of population) | 48 | 11.7% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 45 | 65.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 44 | 55.8% | 61.8% |
| | Dental Visit (% of adults) | 45 | 58.8% | 66.0% |
| | Flu Vaccination (% of adults) | 38 | 41.2% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 49 | 46.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 39 | 81.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 40 | 3,061 | 2,681 |
| Behaviors | | 47 | -1.040 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 48 | 15.6% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 49 | 3.8% | 7.4% |
| | Physical Inactivity (% of adults) | 47 | 29.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 35 | 519.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 30 | 5.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 47 | 24.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 24 | 35.5% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 39 | 15.6% | 14.0% |
| Health Outcomes | | 41 | -0.435 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 15 | 24.9 | 32.1 |
| | Excessive Drinking (% of adults) | 4 | 14.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 44 | 18.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 38 | 16.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 42 | 12,764 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 42 | 14.2% | 12.4% |
| | Low Birth Weight (% of live births) | 30 | 8.8% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 41 | 14.0% | 11.2% |
| | Obesity (% of adults) | 48 | 40.0% | 33.6% |
| Overall | | 47 | -0.709 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Oregon

State Health Department Website: oregon.gov/oha/ph

Summary

Strengths

- High voter participation
- Low prevalence of insufficient sleep
- Low prevalence of physical inactivity

Challenges

- High prevalence of frequent mental distress
- High prevalence of non-medical drug use
- High levels of air pollution

Highlights

Homicide

59% ▲

from 2.7 to 4.3 deaths per 100,000 population between 2018-2019 and 2020-2021.

Premature Death

16% ▲

from 7,079 to 8,227 years lost before age 75 per 100,000 population between 2020 and 2021.

Unemployment

14% ▼

from 5.0% to 4.3% of civilian workers between 2019 and 2022.

Overall Rank

21

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 22 | 0.268 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 15 | 4.3 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 15 | 3.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 28 | \$183 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 20 | 48 | — |
| | Food Insecurity (% of households) | 29 | 11.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 26 | 4.62 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 44 | 28.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 23 | 91.6% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 23 | 15.4% | 14.0% |
| | High-Speed Internet (% of households) | 8 | 94.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 25 | 65 | — |
| | Volunteerism (% of population ages 16+) | 16 | 28.0% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 1 | 72.1% | 59.5% |
| Physical Environment | | 48 | -0.275 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 46 | 9.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 31 | 2.1 | 2.7 |
| | Water Fluoridation (% of population served) | 48 | 26.4% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 19 | 25.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 5 | 67.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 25 | 15.3% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 43 | 18.0% | 16.7% |
| | Transportation Health Risks (% of population)* | 42 | 26.8% | 24.0% |
| Clinical Care | | 16 | 0.445 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 16 | 9.1% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 8 | 75.6 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 3 | 705.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 34 | 224.9 | 232.0 |
| | Uninsured (% of population) | 17 | 6.0% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 24 | 70.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 27 | 61.3% | 61.8% |
| | Dental Visit (% of adults) | 21 | 66.2% | 66.0% |
| | Flu Vaccination (% of adults) | 25 | 45.6% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 22 | 65.6% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 23 | 84.0% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 6 | 1,723 | 2,681 |
| Behaviors | | 11 | 0.568 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 12 | 24.9% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 33 | 6.5% | 7.4% |
| | Physical Inactivity (% of adults) | 4 | 19.0% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 10 | 367.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 34 | 6.2% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 10 | 9.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 5 | 30.9% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 17 | 12.4% | 14.0% |
| Health Outcomes | | 26 | 0.127 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 16 | 27.1 | 32.1 |
| | Excessive Drinking (% of adults) | 40 | 20.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 43 | 17.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 43 | 18.4% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 16 | 8,227 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 20 | 1.4 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 24 | 12.4% | 12.4% |
| | Low Birth Weight (% of live births) | 4 | 6.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 32 | 11.9% | 11.2% |
| | Obesity (% of adults) | 12 | 30.9% | 33.6% |
| Overall | | 21 | 0.265 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Pennsylvania

Overall Rank

23

State Health Department Website: health.pa.gov

Summary

Strengths

- High prevalence of high school completion
- Low uninsured rate
- Low prevalence of high-risk HIV behaviors

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High percentage of housing with lead risk

Highlights

Mental Health Providers

43% 

from 194.9 to 279.2 per 100,000 population between September 2018 and September 2023.

Homicide

37% 

from 5.9 to 8.1 deaths per 100,000 population between 2018-2019 and 2020-2021.

Premature Death

21% 

from 7,672 to 9,275 years lost before age 75 per 100,000 population between 2019 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 24 | 0.196 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 32 | 8.1 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 12 | 3.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 46 | \$136 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 20 | 48 | — |
| | Food Insecurity (% of households) | 19 | 10.1% | 11.2% |
| | Income Inequality (80-20 Ratio) | 35 | 4.84 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 11 | 34.0% | 32.1% |
| | High School Completion (% of adults ages 25+) | 16 | 92.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 10 | 12.4% | 14.0% |
| | High-Speed Internet (% of households) | 32 | 92.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 43 | 73 | — |
| | Volunteerism (% of population ages 16+) | 23 | 25.6% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 9 | 65.1% | 59.5% |
| Physical Environment | | 39 | 0.045 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 43 | 9.0 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 36 | 60.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 13 | 14.5% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 46 | 3.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 47 | 27.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 23 | 13.8% | 16.7% |
| | Transportation Health Risks (% of population)* | 24 | 16.9% | 24.0% |
| Clinical Care | | 13 | 0.567 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 13 | 8.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 25 | 61.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 30 | 279.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 18 | 261.3 | 232.0 |
| | Uninsured (% of population) | 12 | 5.3% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 9 | 76.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 14 | 63.4% | 61.8% |
| | Dental Visit (% of adults) | 17 | 67.7% | 66.0% |
| | Flu Vaccination (% of adults) | 15 | 48.5% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 18 | 66.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 6 | 88.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 34 | 2,954 | 2,681 |
| Behaviors | | 21 | 0.153 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 29 | 21.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 20 | 7.8% | 7.4% |
| | Physical Inactivity (% of adults) | 17 | 22.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 15 | 409.8 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 4 | 4.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 18 | 11.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 33 | 37.1% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 31 | 14.9% | 14.0% |
| Health Outcomes | | 28 | 0.041 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 40 | 42.4 | 32.1 |
| | Excessive Drinking (% of adults) | 25 | 18.3% | 18.4% |
| | Frequent Mental Distress (% of adults) | 16 | 14.9% | 15.9% |
| | Non-medical Drug Use (% of adults) | 30 | 14.8% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 24 | 9,275 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 27 | 1.6 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 30 | 12.9% | 12.4% |
| | Low Birth Weight (% of live births) | 23 | 8.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 35 | 12.2% | 11.2% |
| | Obesity (% of adults) | 22 | 33.3% | 33.6% |
| Overall | | 23 | 0.189 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- High per capita public health funding
- High adult flu vaccination rate
- Low prevalence of high-risk HIV behaviors

Challenges

- Low volunteerism rate
- Low supply of dental care providers
- High percentage of housing with lead risk

Highlights

Drug Deaths

42% ▲

from 28.8 to 41.0 deaths per 100,000 population between 2019 and 2021.

Renewable Energy

42% ▲

from 7.2% to 10.2% of total electricity generated between 2021 and 2022.

Diabetes

29% ▲

from 8.9% to 11.5% of adults between 2017 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 10 | 0.494 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 9 | 3.2 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 18 | 3.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 2 | \$382 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 16 | 40 | — |
| | Food Insecurity (% of households) | 7 | 8.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 36 | 4.93 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 13 | 33.8% | 32.1% |
| | High School Completion (% of adults ages 25+) | 30 | 90.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 4 | 11.6% | 14.0% |
| | High-Speed Internet (% of households) | 15 | 93.7% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 30 | 66 | — |
| | Volunteerism (% of population ages 16+) | 42 | 20.1% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 21 | 60.4% | 59.5% |
| Physical Environment | | 25 | 0.330 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 16 | 6.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 20 | 82.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 1 | 1.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 32 | 10.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 49 | 30.7% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 37 | 16.5% | 16.7% |
| | Transportation Health Risks (% of population)* | 14 | 11.9% | 24.0% |
| Clinical Care | | 3 | 1.188 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 9 | 7.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 40 | 54.2 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 8 | 499.0 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 4 | 301.5 | 232.0 |
| | Uninsured (% of population) | 4 | 4.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 6 | 77.9% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 2 | 66.2% | 61.8% |
| | Dental Visit (% of adults) | 5 | 70.3% | 66.0% |
| | Flu Vaccination (% of adults) | 1 | 60.1% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 1 | 85.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 5 | 88.5% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 26 | 2,645 | 2,681 |
| Behaviors | | 10 | 0.601 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 18 | 24.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 8 | 9.5% | 7.4% |
| | Physical Inactivity (% of adults) | 31 | 24.2% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 23 | 474.5 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 1 | 4.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 5 | 7.8 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 26 | 35.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 13 | 11.8% | 14.0% |
| Health Outcomes | | 7 | 0.576 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 37 | 41.0 | 32.1 |
| | Excessive Drinking (% of adults) | 32 | 18.9% | 18.4% |
| | Frequent Mental Distress (% of adults) | 22 | 15.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 11 | 11.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 7 | 7,262 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 3 | 1.1 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 31 | 13.0% | 12.4% |
| | Low Birth Weight (% of live births) | 20 | 7.9% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 6 | 1.6 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 24 | 11.0% | 11.2% |
| | Obesity (% of adults) | 11 | 30.8% | 33.6% |
| Overall | | 8 | 0.623 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

South Carolina

State Health Department Website: scdhec.gov

Overall Rank

38

Summary

Strengths

- Low prevalence of excessive drinking
- Low preventable hospitalization rate
- Low percentage of housing with lead risk

Challenges

- High premature death rate
- High household food insecurity
- High occupational fatality rate

Highlights

Chronic Kidney Disease

38% ▲

from 2.9% to 4.0% of adults between 2019 and 2022.

Drug Deaths

23% ▲

from 34.0 to 41.9 deaths per 100,000 population between 2020 and 2021.

Dental Care Providers

10% ▲

from 48.2 to 52.8 per 100,000 population between September 2019 and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 40 | -0.366 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 45 | 12.3 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 48 | 7.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 35 | \$163 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 36 | 65 | — |
| | Food Insecurity (% of households) | 46 | 14.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 29 | 4.67 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 21 | 32.5% | 32.1% |
| | High School Completion (% of adults ages 25+) | 30 | 90.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 32 | 16.8% | 14.0% |
| | High-Speed Internet (% of households) | 43 | 91.2% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 2 | 48 | — |
| | Volunteerism (% of population ages 16+) | 37 | 21.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 45 | 54.2% | 59.5% |
| Physical Environment | | 10 | 0.523 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 28 | 7.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 37 | 2.3 | 2.7 |
| | Water Fluoridation (% of population served) | 11 | 91.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 24 | 33.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 43 | 4.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 5 | 8.5% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 25 | 14.0% | 16.7% |
| | Transportation Health Risks (% of population)* | 35 | 24.0% | 24.0% |
| Clinical Care | | 40 | -0.592 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 42 | 12.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 41 | 52.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 40 | 224.2 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 37 | 219.4 | 232.0 |
| | Uninsured (% of population) | 39 | 9.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 46 | 65.0% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 24 | 62.0% | 61.8% |
| | Dental Visit (% of adults) | 33 | 63.1% | 66.0% |
| | Flu Vaccination (% of adults) | 36 | 43.0% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 46 | 54.4% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 36 | 81.3% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 21 | 2,498 | 2,681 |
| Behaviors | | 38 | -0.468 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 25 | 23.0% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 18 | 8.0% | 7.4% |
| | Physical Inactivity (% of adults) | 40 | 26.0% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 46 | 702.7 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 32 | 6.0% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 40 | 18.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 23 | 35.4% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 37 | 15.4% | 14.0% |
| Health Outcomes | | 39 | -0.223 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 38 | 41.9 | 32.1 |
| | Excessive Drinking (% of adults) | 22 | 18.1% | 18.4% |
| | Frequent Mental Distress (% of adults) | 23 | 15.7% | 15.9% |
| | Non-medical Drug Use (% of adults) | 18 | 13.0% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 41 | 12,497 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 24 | 12.4% | 12.4% |
| | Low Birth Weight (% of live births) | 46 | 10.0% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 43 | 2.2 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 35 | 12.2% | 11.2% |
| | Obesity (% of adults) | 29 | 35.0% | 33.6% |
| Overall | | 38 | -0.296 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

South Dakota

State Health Department Website: doh.sd.gov

Overall Rank

16

Summary

Strengths

- Low prevalence of non-medical drug use
- Low prevalence of frequent physical distress
- Low income inequality

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low voter participation

Highlights

Suicide

48% ▲

from 15.8 to 23.4 deaths per 100,000 population between 2011 and 2021.

Occupational Fatalities

34% ▼

from 7.4 to 4.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Flu Vaccination Coverage

14% ▼

from 54.6% to 46.9% of adults between 2020 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 21 | 0.270 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 20 | 5.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 30 | 4.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 13 | \$231 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 23 | 49 | — |
| | Food Insecurity (% of households) | 9 | 8.9% | 11.2% |
| | Income Inequality (80-20 Ratio) | 6 | 4.22 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 22 | 32.4% | 32.1% |
| | High School Completion (% of adults ages 25+) | 11 | 93.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 37 | 17.6% | 14.0% |
| | High-Speed Internet (% of households) | 38 | 91.7% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 37 | 69 | — |
| | Volunteerism (% of population ages 16+) | 5 | 34.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 39 | 56.0% | 59.5% |
| Physical Environment | | 7 | 0.737 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 7 | 5.8 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 3 | 1.2 | 2.7 |
| | Water Fluoridation (% of population served) | 7 | 93.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 50 | 94.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 2 | 81.3% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 30 | 17.8% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 2 | 11.4% | 16.7% |
| | Transportation Health Risks (% of population)* | 2 | 1.0% | 24.0% |
| Clinical Care | | 19 | 0.372 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 6 | 7.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 30 | 58.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 39 | 234.4 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 8 | 2896 | 232.0 |
| | Uninsured (% of population) | 30 | 8.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 19 | 72.4% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 18 | 63.1% | 61.8% |
| | Dental Visit (% of adults) | 6 | 69.6% | 66.0% |
| | Flu Vaccination (% of adults) | 21 | 46.9% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 14 | 68.3% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 26 | 83.6% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 25 | 2,639 | 2,681 |
| Behaviors | | 25 | 0.108 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 29 | 21.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 31 | 6.7% | 7.4% |
| | Physical Inactivity (% of adults) | 25 | 23.4% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 37 | 542.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 3 | 4.7% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 36 | 17.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 6 | 31.2% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 25 | 14.0% | 14.0% |
| Health Outcomes | | 12 | 0.429 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 2 | 12.4 | 32.1 |
| | Excessive Drinking (% of adults) | 42 | 20.3% | 18.4% |
| | Frequent Mental Distress (% of adults) | 3 | 12.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 6 | 10.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 28 | 9,839 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 48 | 3.9 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 1 | 9.5% | 12.4% |
| | Low Birth Weight (% of live births) | 9 | 7.1% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 4 | 1.5 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 2 | 8.4% | 11.2% |
| | Obesity (% of adults) | 36 | 36.8% | 33.6% |
| Overall | | 16 | 0.339 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- Low percentage of households experiencing severe housing problems

Challenges

- High prevalence of frequent mental distress
- High prevalence of multiple chronic conditions
- High prevalence of cigarette smoking

Highlights

Drug Deaths

79% 

from 30.6 to 54.7 deaths per 100,000 population between 2019 and 2021.

HPV Vaccination Coverage

50% 

from 43.0% to 64.4% of adolescents ages 13-17 between 2019 and 2022.

Depression

16% 

from 25.2% to 29.2% of adults between 2021 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 41 | -0.380 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 43 | 11.3 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 43 | 5.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 25 | \$190 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 26 | 51 | — |
| | Food Insecurity (% of households) | 35 | 11.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 23 | 4.57 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 36 | 30.2% | 32.1% |
| | High School Completion (% of adults ages 25+) | 32 | 90.4% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 44 | 18.8% | 14.0% |
| | High-Speed Internet (% of households) | 40 | 91.5% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 34 | 68 | — |
| | Volunteerism (% of population ages 16+) | 28 | 23.8% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 41 | 55.5% | 59.5% |
| Physical Environment | | 19 | 0.435 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 24 | 7.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 26 | 2.0 | 2.7 |
| | Water Fluoridation (% of population served) | 16 | 88.8% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 23 | 31.9% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 27 | 12.8% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 16 | 11.4% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 19 | 13.3% | 16.7% |
| | Transportation Health Risks (% of population)* | 31 | 21.9% | 24.0% |
| Clinical Care | | 41 | -0.648 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 41 | 12.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 45 | 49.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 45 | 198.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 15 | 265.2 | 232.0 |
| | Uninsured (% of population) | 40 | 9.3% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 41 | 67.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 40 | 57.0% | 61.8% |
| | Dental Visit (% of adults) | 44 | 59.5% | 66.0% |
| | Flu Vaccination (% of adults) | 39 | 40.6% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 24 | 64.4% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 37 | 81.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 28 | 2.826 | 2.681 |
| Behaviors | | 46 | -1.023 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 29 | 21.8% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 30 | 6.8% | 7.4% |
| | Physical Inactivity (% of adults) | 44 | 27.7% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 38 | 562.4 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 42 | 6.9% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 44 | 21.5 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 44 | 38.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 48 | 18.5% | 14.0% |
| Health Outcomes | | 47 | -0.779 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 49 | 54.7 | 32.1 |
| | Excessive Drinking (% of adults) | 11 | 16.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 48 | 20.3% | 15.9% |
| | Non-medical Drug Use (% of adults) | 27 | 14.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 45 | 13,441 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 47 | 15.5% | 12.4% |
| | Low Birth Weight (% of live births) | 38 | 9.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 48 | 16.8% | 11.2% |
| | Obesity (% of adults) | 46 | 38.9% | 33.6% |
| Overall | | 44 | -0.566 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Texas

State Health Department Website: dshs.texas.gov

Overall Rank

39

Summary

Strengths

- Low prevalence of multiple chronic conditions
- Low prevalence of cigarette smoking
- Low percentage of housing with lead risk

Challenges

- High household food insecurity
- Low prevalence of high school completion
- High prevalence of avoiding care due to cost

Highlights

Cardiovascular Diseases

23% ▲

from 7.3% to 9.0% of adults between 2021 and 2022.

HPV Vaccination Coverage

21% ▲

from 48.4% to 58.5% of adolescents ages 13-17 between 2019 and 2022.

Primary Care Providers

14% ▼

from 211.8 to 182.3 per 100,000 population between September 2022 and September 2023.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 42 | -0.447 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 31 | 7.8 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 35 | 5.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 43 | \$138 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 42 | 76 | — |
| | Food Insecurity (% of households) | 49 | 15.5% | 11.2% |
| | Income Inequality (80-20 Ratio) | 32 | 4.80 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 37 | 29.9% | 32.1% |
| | High School Completion (% of adults ages 25+) | 49 | 86.1% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 9 | 12.2% | 14.0% |
| | High-Speed Internet (% of households) | 22 | 92.9% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 12 | 58 | — |
| | Volunteerism (% of population ages 16+) | 39 | 21.3% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 41 | 55.5% | 59.5% |
| Physical Environment | | 43 | -0.132 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 43 | 9.0 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 46 | 3.5 | 2.7 |
| | Water Fluoridation (% of population served) | 31 | 71.0% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 29 | 1 | — |
| | Climate Risks (% of population)* | 39 | 63.4% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 20 | 26.3% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 5 | 8.5% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 40 | 17.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 25 | 17.2% | 24.0% |
| Clinical Care | | 50 | -1.365 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 50 | 16.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 38 | 55.2 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 49 | 162.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 48 | 182.3 | 232.0 |
| | Uninsured (% of population) | 50 | 16.6% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 43 | 66.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 49 | 53.8% | 61.8% |
| | Dental Visit (% of adults) | 47 | 57.9% | 66.0% |
| | Flu Vaccination (% of adults) | 47 | 38.5% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 40 | 58.5% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 49 | 73.4% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 31 | 2,846 | 2,681 |
| Behaviors | | 29 | 0.004 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 17 | 24.3% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 14 | 8.8% | 7.4% |
| | Physical Inactivity (% of adults) | 37 | 25.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 30 | 506.8 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 21 | 5.6% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 42 | 20.3 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 32 | 36.9% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 13 | 11.8% | 14.0% |
| Health Outcomes | | 24 | 0.144 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 5 | 17.1 | 32.1 |
| | Excessive Drinking (% of adults) | 24 | 18.2% | 18.4% |
| | Frequent Mental Distress (% of adults) | 31 | 16.2% | 15.9% |
| | Non-medical Drug Use (% of adults) | 26 | 14.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 27 | 9,829 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 19 | 12.0% | 12.4% |
| | Low Birth Weight (% of live births) | 28 | 8.6% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 24 | 2.0 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 12 | 9.7% | 11.2% |
| | Obesity (% of adults) | 33 | 35.5% | 33.6% |
| Overall | | 39 | -0.315 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of excessive drinking
- Low income inequality
- High volunteerism rate

Challenges

- High prevalence of frequent mental distress
- Low per capita public health funding
- Low supply of primary care providers

Highlights

Mental Health Providers

27% ▲

from 317.5 to 402.1 per 100,000 population between September 2018 and September 2023.

Insufficient Sleep

11% ▲

from 30.9% to 34.2% of adults between 2020 and 2022.

Air Pollution

10% ▲

from 7.8 to 8.6 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 4 | 0.743 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 6 | 2.8 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 22 | 4.2 | 3.9 |
| | Public Health Funding (Dollars per person) | 42 | \$139 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 8 | 30 | — |
| | Food Insecurity (% of households) | 26 | 10.7% | 11.2% |
| | Income Inequality (80-20 Ratio) | 1 | 3.78 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 7 | 36.8% | 32.1% |
| | High School Completion (% of adults ages 25+) | 12 | 93.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 5 | 11.9% | 14.0% |
| | High-Speed Internet (% of households) | 2 | 95.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 41 | 71 | — |
| | Volunteerism (% of population ages 16+) | 1 | 40.7% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 31 | 58.2% | 59.5% |
| Physical Environment | | 35 | 0.160 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 38 | 8.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 42 | 50.9% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 48 | 82.0% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 24 | 14.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 11 | 10.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 18 | 13.2% | 16.7% |
| | Transportation Health Risks (% of population)* | 13 | 10.6% | 24.0% |
| Clinical Care | | 24 | 0.087 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 36 | 11.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 26 | 60.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 14 | 402.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 47 | 184.3 | 232.0 |
| | Uninsured (% of population) | 30 | 8.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 5 | 78.1% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 36 | 59.4% | 61.8% |
| | Dental Visit (% of adults) | 4 | 71.3% | 66.0% |
| | Flu Vaccination (% of adults) | 33 | 43.2% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 43 | 55.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 41 | 79.8% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 4 | 1,491 | 2,681 |
| Behaviors | | 3 | 0.976 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 12 | 24.9% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 23 | 7.4% | 7.4% |
| | Physical Inactivity (% of adults) | 2 | 16.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 6 | 336.2 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 11 | 9.7 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 19 | 34.2% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 1 | 6.7% | 14.0% |
| Health Outcomes | | 5 | 0.633 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 10 | 21.3 | 32.1 |
| | Excessive Drinking (% of adults) | 1 | 13.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 36 | 16.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 20 | 13.3% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 8 | 7,288 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 39 | 2.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 9 | 11.3% | 12.4% |
| | Low Birth Weight (% of live births) | 13 | 7.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 5 | 8.8% | 11.2% |
| | Obesity (% of adults) | 13 | 31.1% | 33.6% |
| Overall | | 9 | 0.606 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low homicide rate
- High prevalence of high school completion
- Low prevalence of insufficient sleep

Challenges

- High prevalence of excessive drinking
- High prevalence of adverse childhood experiences (ACEs)
- Low percentage of community water supply with fluoridated water

Highlights

Chronic Kidney Disease

65% ▲

from 2.0% to 3.3% of adults between 2021 and 2022.

Air Pollution

23% ▲

from 4.8 to 5.9 micrograms of fine particulate matter per cubic meter between 2017-2019 and 2020-2022.

Occupational Fatalities

13% ▼

from 5.6 to 4.9 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 8 | 0.600 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 3 | 1.9 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 30 | 4.9 | 3.9 |
| | Public Health Funding (Dollars per person) | 4 | \$319 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 3 | 22 | — |
| | Food Insecurity (% of households) | 4 | 8.0% | 11.2% |
| | Income Inequality (80-20 Ratio) | 20 | 4.53 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 16 | 33.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 1 | 95.0% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 47 | 19.9% | 14.0% |
| | High-Speed Internet (% of households) | 28 | 92.7% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 32 | 67 | — |
| | Volunteerism (% of population ages 16+) | 12 | 29.1% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 8 | 65.3% | 59.5% |
| Physical Environment | | 14 | 0.502 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 8 | 5.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 6 | 1.4 | 2.7 |
| | Water Fluoridation (% of population served) | 40 | 56.3% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 5 | 5.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 1 | 82.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 41 | 22.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 33 | 15.6% | 16.7% |
| | Transportation Health Risks (% of population)* | 6 | 5.6% | 24.0% |
| Clinical Care | | 2 | 1.191 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 2 | 6.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 20 | 65.8 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 5 | 548.9 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 10 | 275.4 | 232.0 |
| | Uninsured (% of population) | 3 | 3.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 2 | 81.1% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 25 | 61.8% | 61.8% |
| | Dental Visit (% of adults) | 15 | 68.0% | 66.0% |
| | Flu Vaccination (% of adults) | 3 | 56.6% | 45.6% |
| Quality of Care | HPV Vaccination (% of adolescents ages 13-17) | 8 | 71.9% | 62.6% |
| | Dedicated Health Care Provider (% of adults) | 4 | 89.3% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 14 | 2,179 | 2,681 |
| Behaviors | | 1 | 1.252 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 1 | 28.5% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 1 | 12.9% | 7.4% |
| | Physical Inactivity (% of adults) | 6 | 19.8% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 1 | 141.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 21 | 5.6% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 3 | 6.4 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 1 | 29.6% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 22 | 13.0% | 14.0% |
| Health Outcomes | | 9 | 0.514 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 36 | 40.2 | 32.1 |
| | Excessive Drinking (% of adults) | 43 | 20.5% | 18.4% |
| | Frequent Mental Distress (% of adults) | 31 | 16.2% | 15.9% |
| | Non-medical Drug Use (% of adults) | 27 | 14.6% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 10 | 7,619 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | — | — | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 12 | 11.5% | 12.4% |
| | Low Birth Weight (% of live births) | 6 | 7.0% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 1 | 1.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 30 | 11.5% | 11.2% |
| | Obesity (% of adults) | 3 | 26.8% | 33.6% |
| Overall | | 3 | 0.788 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Virginia

State Health Department Website: vdh.virginia.gov

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low levels of air pollution

Challenges

- High prevalence of multiple chronic conditions
- Low per capita public health funding
- High prevalence of high-risk HIV behaviors

Highlights

Depression

27% ▲

from 17.2% to 21.8% of adults between 2020 and 2022.

Unemployment

25% ▼

from 4.8% to 3.6% of civilian workers between 2021 and 2022.

Excessive Drinking

15% ▲

from 16.1% to 18.5% of adults between 2020 and 2022.

Overall Rank

19

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 16 | 0.413 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 26 | 6.6 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 28 | 4.6 | 3.9 |
| | Public Health Funding (Dollars per person) | 36 | \$157 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 8 | 30 | — |
| | Food Insecurity (% of households) | 13 | 9.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 38 | 4.96 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 26 | 31.8% | 32.1% |
| | High School Completion (% of adults ages 25+) | 25 | 91.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 17 | 13.9% | 14.0% |
| | High-Speed Internet (% of households) | 22 | 92.9% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 3 | 52 | — |
| | Volunteerism (% of population ages 16+) | 20 | 27.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 16 | 62.4% | 59.5% |
| Physical Environment | | 1 | 0.977 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 11 | 6.6 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 23 | 1.8 | 2.7 |
| | Water Fluoridation (% of population served) | 5 | 95.5% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 14 | 17.8% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 38 | 7.6% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 19 | 12.9% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 22 | 13.7% | 16.7% |
| | Transportation Health Risks (% of population)* | 32 | 22.7% | 24.0% |
| Clinical Care | | 22 | 0.211 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 19 | 9.6% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 21 | 64.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 36 | 250.3 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 35 | 221.5 | 232.0 |
| | Uninsured (% of population) | 21 | 6.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 28 | 70.3% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 8 | 64.1% | 61.8% |
| | Dental Visit (% of adults) | 10 | 68.4% | 66.0% |
| | Flu Vaccination (% of adults) | 20 | 47.8% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 26 | 62.7% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 22 | 84.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 23 | 2,557 | 2,681 |
| Behaviors | | 26 | 0.107 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 26 | 22.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 27 | 7.0% | 7.4% |
| | Physical Inactivity (% of adults) | 9 | 20.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 21 | 467.6 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 38 | 6.4% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 19 | 11.7 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 30 | 36.2% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 16 | 12.1% | 14.0% |
| Health Outcomes | | 25 | 0.129 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 24 | 30.1 | 32.1 |
| | Excessive Drinking (% of adults) | 28 | 18.5% | 18.4% |
| | Frequent Mental Distress (% of adults) | 34 | 16.4% | 15.9% |
| | Non-medical Drug Use (% of adults) | 9 | 11.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 22 | 8,709 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 11 | 1.3 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 24 | 12.4% | 12.4% |
| | Low Birth Weight (% of live births) | 23 | 8.3% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 35 | 2.1 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 33 | 12.0% | 11.2% |
| | Obesity (% of adults) | 30 | 35.2% | 33.6% |
| Overall | | 19 | 0.307 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low economic hardship index score
- Low household food insecurity
- Low prevalence of physical inactivity

Challenges

- High prevalence of frequent mental distress
- Low supply of primary care providers
- Low percentage of community water supply with fluoridated water

Highlights

Drug Deaths

93% ▲

from 14.9 to 28.8 deaths per 100,000 population between 2016 and 2021.

Unemployment

31% ▼

from 5.9% to 4.1% of civilian workers between 2021 and 2022.

Asthma

14% ▲

from 9.6% to 10.9% of adults between 2020 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|--------------|------------|
| Social & Economic Factors | | 5 | 0.691 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 15 | 4.3 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 1 | 2.8 | 3.9 |
| | Public Health Funding (Dollars per person) | 16 | \$216 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 7 | 29 | — |
| | Food Insecurity (% of households) | 5 | 8.3% | 11.2% |
| | Income Inequality (80-20 Ratio) | 23 | 4.57 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 14 | 33.7% | 32.1% |
| | High School Completion (% of adults ages 25+) | 16 | 92.2% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 22 | 15.2% | 14.0% |
| | High-Speed Internet (% of households) | 2 | 95.3% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 18 | 61 | — |
| | Volunteerism (% of population ages 16+) | 24 | 25.0% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 7 | 65.6% | 59.5% |
| Physical Environment | | 22 | 0.370 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 37 | 8.5 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 26 | 2.0 | 2.7 |
| | Water Fluoridation (% of population served) | 34 | 65.1% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 1 | 4 | — |
| | Climate Risks (% of population)* | 44 | 72.1% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 3 | 74.7% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 22 | 13.9% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 36 | 16.4% | 16.7% |
| | Transportation Health Risks (% of population)* | 37 | 25.1% | 24.0% |
| Clinical Care | | 11 | 0.588 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 20 | 9.7% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 6 | 75.9 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 6 | 522.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 33 | 232.1 | 232.0 |
| | Uninsured (% of population) | 18 | 6.1% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 15 | 73.2% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 25 | 61.8% | 61.8% |
| | Dental Visit (% of adults) | 16 | 67.8% | 66.0% |
| | Flu Vaccination (% of adults) | 13 | 49.0% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 10 | 71.1% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 25 | 83.8% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 8 | 1,775 | 2,681 |
| Behaviors | | 4 | 0.957 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 7 | 25.9% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 9 | 9.0% | 7.4% |
| | Physical Inactivity (% of adults) | 3 | 17.5% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 11 | 382.9 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 21 | 5.6% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 13 | 10.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 9 | 32.4% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 4 | 10.0% | 14.0% |
| Health Outcomes | | 13 | 0.405 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 20 | 28.8 | 32.1 |
| | Excessive Drinking (% of adults) | 17 | 17.4% | 18.4% |
| | Frequent Mental Distress (% of adults) | 36 | 16.5% | 15.9% |
| | Non-medical Drug Use (% of adults) | 31 | 15.0% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 11 | 7,651 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 36 | 2.0 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 17 | 11.9% | 12.4% |
| | Low Birth Weight (% of live births) | 6 | 7.0% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 9 | 1.7 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 17 | 10.4% | 11.2% |
| | Obesity (% of adults) | 15 | 31.7% | 33.6% |
| Overall | | 7 | 0.625 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths


- Low prevalence of excessive drinking
- Low prevalence of high-risk HIV behaviors
- High per capita public health funding

Challenges

- High prevalence of multiple chronic conditions
- High economic hardship index score
- High prevalence of cigarette smoking

Highlights

Occupational Fatalities

44% 

from 9.9 to 5.5 deaths per 100,000 workers between 2016-2018 and 2019-2021.

Premature Death

16% 

from 13,072 to 15,197 years lost before age 75 per 100,000 population between 2020 and 2021.

Diabetes

16% 

from 15.0% to 17.4% of adults between 2016 and 2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 46 | -0.848 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 24 | 6.4 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 39 | 5.5 | 3.9 |
| | Public Health Funding (Dollars per person) | 8 | \$248 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 46 | 86 | — |
| | Food Insecurity (% of households) | 44 | 14.2% | 11.2% |
| | Income Inequality (80-20 Ratio) | 41 | 5.08 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 49 | 22.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 40 | 89.1% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 45 | 18.9% | 14.0% |
| | High-Speed Internet (% of households) | 47 | 89.5% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 19 | 62 | — |
| | Volunteerism (% of population ages 16+) | 35 | 22.4% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 50 | 47.3% | 59.5% |
| Physical Environment | | 20 | 0.392 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 19 | 7.2 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 31 | 2.1 | 2.7 |
| | Water Fluoridation (% of population served) | 12 | 90.9% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 30 | 43.5% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 40 | 6.5% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 33 | 19.3% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 1 | 11.0% | 16.7% |
| | Transportation Health Risks (% of population)* | 44 | 33.3% | 24.0% |
| Clinical Care | | 35 | -0.315 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 28 | 10.3% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 43 | 52.4 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 48 | 185.5 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 7 | 291.9 | 232.0 |
| | Uninsured (% of population) | 15 | 5.9% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 34 | 68.7% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 7 | 64.4% | 61.8% |
| | Dental Visit (% of adults) | 48 | 56.6% | 66.0% |
| | Flu Vaccination (% of adults) | 32 | 43.5% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 47 | 51.5% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 10 | 87.2% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 50 | 3,874 | 2,681 |
| Behaviors | | 44 | -0.919 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 45 | 17.1% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 45 | 5.1% | 7.4% |
| | Physical Inactivity (% of adults) | 48 | 30.2% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 4 | 293.1 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 1 | 4.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 43 | 20.9 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 49 | 41.3% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 50 | 21.0% | 14.0% |
| Health Outcomes | | 49 | -0.947 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 50 | 87.1 | 32.1 |
| | Excessive Drinking (% of adults) | 5 | 14.5% | 18.4% |
| | Frequent Mental Distress (% of adults) | 50 | 21.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 50 | 21.2% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 49 | 15,197 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 6 | 1.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 50 | 18.2% | 12.4% |
| | Low Birth Weight (% of live births) | 45 | 9.8% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 11 | 1.8 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 50 | 21.1% | 11.2% |
| | Obesity (% of adults) | 50 | 41.0% | 33.6% |
| Overall | | 45 | -0.683 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Summary

Strengths

- Low prevalence of non-medical drug use
- High prevalence of high school completion
- High voter participation

Challenges

- High prevalence of excessive drinking
- High prevalence of obesity
- Low per capita public health funding

Highlights

Homicide

57% 

from 3.7 to 5.8 deaths per 100,000 population between 2018-2019 and 2020-2021.

Mental Health Providers

36% 

from 191.1 to 260.1 per 100,000 population between September 2018 and September 2023.

Air Pollution

16% 

from 6.8 to 7.9 micrograms of fine particulate matter per cubic meter between 2016-2018 and 2020-2022.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 19 | 0.323 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 21 | 5.8 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 23 | 4.3 | 3.9 |
| | Public Health Funding (Dollars per person) | 49 | \$128 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 8 | 30 | — |
| | Food Insecurity (% of households) | 16 | 9.6% | 11.2% |
| | Income Inequality (80-20 Ratio) | 7 | 4.24 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 20 | 32.6% | 32.1% |
| | High School Completion (% of adults ages 25+) | 8 | 93.5% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 27 | 15.7% | 14.0% |
| | High-Speed Internet (% of households) | 25 | 92.8% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 48 | 78 | — |
| | Volunteerism (% of population ages 16+) | 25 | 24.9% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 4 | 67.3% | 59.5% |
| Physical Environment | | 17 | 0.487 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 29 | 7.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 24 | 1.9 | 2.7 |
| | Water Fluoridation (% of population served) | 18 | 86.7% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 13 | 3 | — |
| | Climate Risks (% of population)* | 3 | 3.6% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 35 | 8.2% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 38 | 21.6% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 14 | 12.9% | 16.7% |
| | Transportation Health Risks (% of population)* | 10 | 9.7% | 24.0% |
| Clinical Care | | 12 | 0.584 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 10 | 7.9% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 16 | 67.4 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 34 | 260.1 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 19 | 259.3 | 232.0 |
| | Uninsured (% of population) | 10 | 5.2% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 20 | 71.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 5 | 65.0% | 61.8% |
| | Dental Visit (% of adults) | 14 | 68.2% | 66.0% |
| | Flu Vaccination (% of adults) | 18 | 48.2% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 12 | 69.0% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 14 | 85.5% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 18 | 2,376 | 2,681 |
| Behaviors | | 19 | 0.291 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 15 | 24.7% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 35 | 6.3% | 7.4% |
| | Physical Inactivity (% of adults) | 15 | 21.9% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 22 | 472.3 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 7 | 5.3% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 13 | 10.1 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 13 | 32.8% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 26 | 14.3% | 14.0% |
| Health Outcomes | | 34 | -0.180 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 25 | 30.7 | 32.1 |
| | Excessive Drinking (% of adults) | 47 | 21.6% | 18.4% |
| | Frequent Mental Distress (% of adults) | 28 | 16.1% | 15.9% |
| | Non-medical Drug Use (% of adults) | 5 | 10.4% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 15 | 8,057 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 39 | 2.2 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 22 | 12.2% | 12.4% |
| | Low Birth Weight (% of live births) | 18 | 7.7% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 49 | 2.5 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 28 | 11.4% | 11.2% |
| | Obesity (% of adults) | 40 | 37.7% | 33.6% |
| Overall | | 22 | 0.247 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.

Wyoming

State Health Department Website: health.wyo.gov

Overall Rank

30

Summary

Strengths

- High prevalence of high school completion
- Low prevalence of insufficient sleep
- Low levels of air pollution

Challenges

- High occupational fatality rate
- Low prevalence of having a dedicated health care provider
- Low prevalence of colorectal cancer screening

Highlights

Volunteerism

26% ▲

from 31.0% to 39.2% of adults ages 16+ between 2019 and 2021.

Arthritis

23% ▲

from 23.1% to 28.4% of adults between 2020 and 2022.

Premature Death

16% ▲

from 9,141 to 10,643 years lost before age 75 per 100,000 population between 2020 and 2021.

Measures

| | | State Rank | State Value | U.S. Value |
|--|---|------------|---------------|------------|
| Social & Economic Factors | | 25 | 0.187 | |
| Community and Family Safety | Homicide (Deaths per 100,000 population) | 10 | 3.5 | 7.7 |
| | Occupational Fatalities (Deaths per 100,000 workers) | 50 | 9.1 | 3.9 |
| | Public Health Funding (Dollars per person) | 14 | \$230 | \$183 |
| Economic Resources | Economic Hardship Index (Index from 1-100) | 23 | 49 | — |
| | Food Insecurity (% of households) | 33 | 11.4% | 11.2% |
| | Income Inequality (80-20 Ratio) | 10 | 4.34 | 4.92 |
| Education | Fourth Grade Reading Proficiency (% of public school students) | 3 | 38.3% | 32.1% |
| | High School Completion (% of adults ages 25+) | 7 | 93.7% | 89.6% |
| Social Support and Engagement | Adverse Childhood Experiences (% of children ages 0-17) | 49 | 23.0% | 14.0% |
| | High-Speed Internet (% of households) | 35 | 92.1% | 92.9% |
| | Residential Segregation - Black/White (Index from 0-100) | 37 | 69 | — |
| | Volunteerism (% of population ages 16+) | 2 | 39.2% | 23.2% |
| | Voter Participation (% of U.S. citizens ages 18+) | 33 | 57.3% | 59.5% |
| Physical Environment | | 18 | 0.450 | |
| Air and Water Quality | Air Pollution (Micrograms of fine particles per cubic meter) | 2 | 4.9 | 8.6 |
| | Drinking Water Violations (Average number of violations per community water system) | 11 | 1.6 | 2.7 |
| | Water Fluoridation (% of population served) | 41 | 55.6% | 72.7% |
| Climate and Health | Climate Policies (Number of four policies) | 36 | 0 | — |
| | Climate Risks (% of population)* | 49 | 83.3% | 35.5% |
| | Renewable Energy (% of total electricity generated)* | 21 | 23.1% | 20.5% |
| Housing and Transit | Housing With Lead Risk (% of housing stock) | 26 | 15.9% | 16.5% |
| | Severe Housing Problems (% of occupied housing units) | 5 | 12.1% | 16.7% |
| | Transportation Health Risks (% of population)* | 1 | 0.9% | 24.0% |
| Clinical Care | | 42 | -0.723 | |
| Access to Care | Avoided Care Due to Cost (% of adults) | 36 | 11.8% | 10.1% |
| | Dental Care Providers (Number per 100,000 population) | 19 | 66.7 | 64.6 |
| | Mental Health Providers (Number per 100,000 population) | 13 | 402.8 | 324.9 |
| | Primary Care Providers (Number per 100,000 population) | 36 | 221.4 | 232.0 |
| | Uninsured (% of population) | 47 | 11.5% | 8.0% |
| Preventive Clinical Services | Childhood Immunizations (% of children by age 24 months) | 32 | 69.8% | 70.0% |
| | Colorectal Cancer Screening (% of adults ages 45-75) | 46 | 55.4% | 61.8% |
| | Dental Visit (% of adults) | 26 | 65.2% | 66.0% |
| | Flu Vaccination (% of adults) | 48 | 36.9% | 45.6% |
| | HPV Vaccination (% of adolescents ages 13-17) | 48 | 49.2% | 62.6% |
| Quality of Care | Dedicated Health Care Provider (% of adults) | 48 | 74.1% | 83.8% |
| | Preventable Hospitalizations (Discharges per 100,000 Medicare beneficiaries ages 18+) | 12 | 2,103 | 2,681 |
| Behaviors | | 22 | 0.152 | |
| Nutrition and Physical Activity | Exercise (% of adults) | 16 | 24.5% | 23.0% |
| | Fruit and Vegetable Consumption (% of adults) | 35 | 6.3% | 7.4% |
| | Physical Inactivity (% of adults) | 18 | 22.6% | 23.4% |
| Sexual Health | Chlamydia (Cases per 100,000 population) | 7 | 359.0 | 495.5 |
| | High-Risk HIV Behaviors (% of adults) | 16 | 5.5% | 5.7% |
| | Teen Births (Births per 1,000 females ages 15-19) | 32 | 16.0 | 13.9 |
| Sleep Health | Insufficient Sleep (% of adults) | 8 | 32.3% | 35.5% |
| Tobacco Use | Smoking (% of adults) | 38 | 15.5% | 14.0% |
| Health Outcomes | | 31 | -0.113 | |
| Behavioral Health | Drug Deaths (Deaths per 100,000 population)* | 8 | 19.1 | 32.1 |
| | Excessive Drinking (% of adults) | 39 | 20.0% | 18.4% |
| | Frequent Mental Distress (% of adults) | 13 | 14.8% | 15.9% |
| | Non-medical Drug Use (% of adults) | 9 | 11.5% | 15.9% |
| Mortality | Premature Death (Years lost before age 75 per 100,000 population) | 33 | 10,643 | 9,478 |
| | Premature Death Racial Disparity (Ratio) | 44 | 2.9 | 1.6 |
| Physical Health | Frequent Physical Distress (% of adults) | 10 | 11.4% | 12.4% |
| | Low Birth Weight (% of live births) | 39 | 9.4% | 8.5% |
| | Low Birth Weight Racial Disparity (Ratio) | 17 | 1.9 | 2.1 |
| | Multiple Chronic Conditions (% of adults) | 19 | 10.5% | 11.2% |
| | Obesity (% of adults) | 27 | 34.2% | 33.6% |
| Overall | | 30 | -0.005 | |

* Additional measure (not included in overall rank). For measure definitions, source details and methodology, visit www.AmericasHealthRankings.org.
 — Data not available, missing or suppressed.